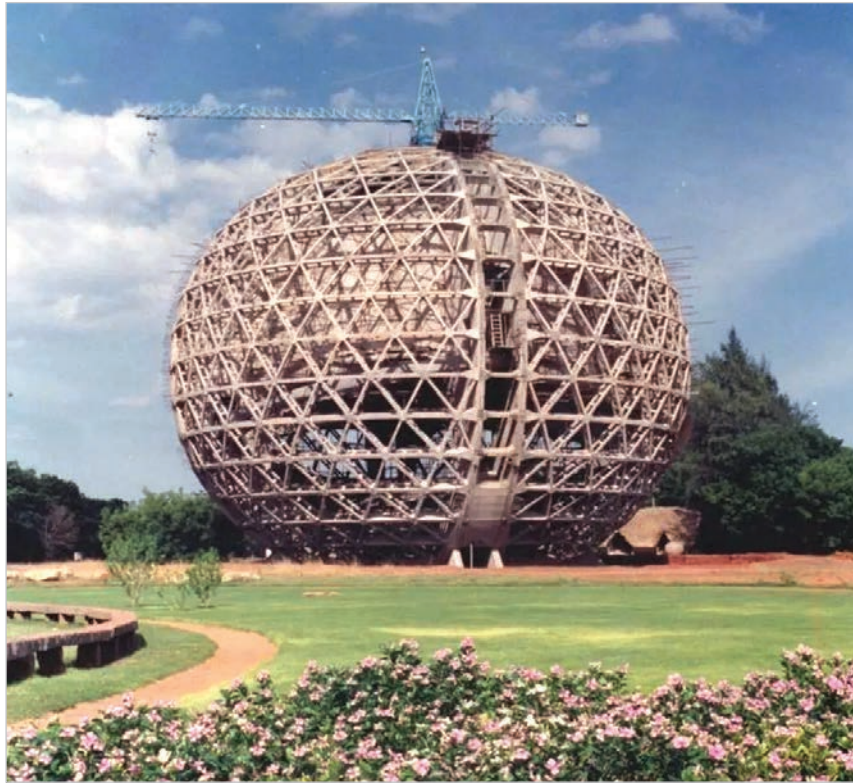




# News Notes

#1019 A weekly bulletin for residents of Auroville 21 March 2024



Long and narrow is the ancient Path, —I have touched it, I have found it, —the Path by which the wise, knowers of the Eternal, attaining to salvation, depart hence to the high world of Paradise.

*Brihadaranyaka Upanishad*

I am a son of Earth; the soil is my mother.... May she lavish on me her manifold treasure, her secret riches.... May we speak the beauty of thee, O Earth, that is in thy villages and forests and assemblies and war and battles.

May Earth, sovereign over the past and the future, make for us a wide world.... Earth that was the water on the Ocean and whose course the thinkers follow by the magic of their knowledge, she who has her heart of immortality covered up by the Truth in the supreme ether, may she established for us light and power in that most high kingdom.

*Atharva Veda*

## Pondering

But in reality, all that we call undivine can only be an action of the four divine principles themselves (Supreme infinite being, Conscious-force, Self-delight and Truth-Consciousness), such action of them as was necessary to create this universe of forms. Those forms have been created not outside but in the divine existence, conscious force and bliss, not outside but in and as a part of the working of the divine Real-Idea. There is therefore no reason to suppose that there cannot be any real play of the higher divine consciousness in a world of forms or that forms and their immediate supports, mental consciousness, energy of vital force and formal substance, must necessarily distort that which they represent... The separate law of their nature is only an application of the universal law and truth of all Nature; their particular development is determined by their place in the general development. The tree does not explain the seed, nor the seed the tree; cosmos explains both and God explains cosmos.

*Mind and Supermind, The Life Divine, Sri Aurobindo*



# Contents

<b>PONDERING</b>	<b>1</b>
<b>HOUSE OF MOTHER'S AGENDA</b>	<b>5</b>
Chapter XXVII—The Gnostic Being, The Life Divine	5
<b>COMMUNITY NEWS</b>	<b>6</b>
<b>Passing On</b>	<b>6</b>
Josette Passes On	6
<b>Auroville Matters</b>	<b>6</b>
High Court Sets Aside Order Constituting ATDC	6
The residents shall participate in town planning	6
The Governing Board Supervises all the Activities and is the Ultimate Decision-making Authority	6
Advice and Consultation of the Residents' Assembly for Membership of ATDC	6
Technical Members Can Only Be In Addition To The Resident Members	6
Standing Order is ultra vires the Act.	6
Selection of Membership of ATDC can only be by the Residents' Assembly	6
The Governing Board Is Not Powerless	6
<b>Awakening Spirit</b>	<b>7</b>
Savitri Bhavan March 2024	7
Exhibitions	7
Films	7
Dream Divine Series	7
Full Moon Gathering	7
Regular Activities	7
How The Mother's Inner Quest Brought Her to Sri Aurobindo	7
Mudra Chi	7
Savitri Bhavan	8
The Dream Divine Series: The Advent of The Mother's first meeting with Sri Aurobindo	8
Bases of Yoga—The Mother's Talks, An Interactive Book Reading Circle	8
Reflections on Passages in Savitri: The Psychology of Fate By Larry Seidlitz	8
Brahmanaspati Kshetram	8
The Om Choir	8
To Her	8
Amphitheatre—Matrimandir Meditation with Savitri read by Mother to Sunil's music.	9
Concentration at Banyan Tree	9
Natural Health Science	9
Savitri Satsang By Narad	9
Satsanga on Bhagavad Gita in Everyday Life	9
<b>Arts for Land</b>	<b>10</b>
Art For Land Exhibition	10
Donating	10
<b>Education</b>	<b>10</b>
Capacity Building Workshop For Environmental Governance	10
Post 2000 Poetry of Dissent by Abha Prakash	10

Auroville Library	10
Weekly Timings	10
Story time At the Auroville Library!	10
E-Commerce Export: Opportunities for Handicraft Exporters and Artisans under Niryat Bandhu	11
<b>Gatherings</b>	<b>11</b>
Stories Under the Full Moon	11
<b>Research</b>	<b>11</b>
Sacred Art and Agency: Case Study of Auroville's Mandala	11
Abstract of presentation	11
About the Speaker	11
<b>Lost and Found</b>	<b>11</b>
A Straw Hat Lost	11
<b>Youth Initiative</b>	<b>12</b>
Auroville Youth Work Survey: The Work Situation of Auroville Youth in 2023	12
Employment Status	12
Where do they work?	12
In which areas do the respondents work?	12
How did they find their job?	12
How much do they work?	12
Team Roles and Work Hours	12
Workplace training	12
<b>International</b>	<b>13</b>
The Pavillon de France presents	13
Tools to build resilience in the face of contemporary crisis: An exploration.	13
<b>For Your Information</b>	<b>13</b>
Call for Grant Proposals SDZ Funding in 2024	13
<b>Health Care</b>	<b>13</b>
Health Fund Pending Bills	13
Health Fund will be closed on Thursday, 21 March	13
Aurokiya Integral Eye Centre @ Arka	13
Santé Services March 2024	14
Working Hours	14
Tests and Sample collection	14
For emergencies	14
Appointment	14
Santé Services Schedule	14
Aurodent Dental Clinic	14
Maatram @ Arka	14
<b>Thank You</b>	<b>14</b>
Feel the Vibe: Thank You	14
<b>The Arts</b>	<b>15</b>
Auroville Choir Youth	15
Human Unity	15
Water Colour Works by Ivana	15
Experience Selected works of Sambita	15
From Darkness To Light by Supriya Menon Meneghetti	15
Rasatva	15
Tragedie of Macbeth	16
Cast and Crew	16

Bharat Nivas Presents _____	16
Bhakti Natya Mala _____	16
Hindustani Classical _____	16
World Theatre Day _____	16
<b>Dance Activities _____</b>	<b>17</b>
Dances of Universal Peace _____	17
Auroville Tango Activities _____	17
Salsa Dance Class _____	17
Tango Dance Class _____	17
Zumba with Preeti _____	17
Angam Tree _____	17
LA Style Salsa Dance _____	17
Join Our Bollywood Dance Session _____	17
<b>Music and Art Activities _____</b>	<b>18</b>
Tanjore Art Classes _____	18
Explore WaterColor Techniques _____	18
Center for Research Education Experience in Visual Arts: Weekly Art Activities _____	18
A Creative Reading and Writing Workshop With Kamal Swaroop _____	18
Open-Mic Night at Yatra's Artiste Cafe _____	18
Bansuri (Flute) Group Classes With Michael _____	18
Light Fish Professional Photography Studio _____	18
<b>Sports &amp; Martial Arts _____</b>	<b>19</b>
Swimming Class _____	19
Kshetra Kalari, Aspiration _____	19
Bharat Nivas presents Kalaripayattu Class _____	19
Tai Chi Hall Daily Classes _____	19
Kalpana Gym _____	19
Looking for Volleyball players _____	19
Auroville Aikido _____	19
Abhaya Martial Arts _____	19
<b>Bioregion Activities _____</b>	<b>20</b>
Unveiling the Beauty of Thevaram: Day 2. Visit to Arapaleeswarar Temple _____	20
Sri Aurobindo's Enduring Influence _____	20
A Heartfelt Thank You _____	20
What is Thevaram? _____	20
Why join us? _____	20
A Gift for the Soul _____	20
Next Pilgrimage _____	20
Enlight _____	20
Agri Holidayism _____	20
Arts and Crafts Workshops _____	20
Cooking Class _____	20
Fireside Drumming _____	21
Musical Instruments Workshop _____	21
Sound Healing _____	21
Tours _____	21
Mohanam Conscious and Cultural Tour, Workshops & Therapy March 2024 _____	21
Tours _____	21
Make and Take Workshop _____	21
Classes and Therapies: _____	21
Auroville Bioregion Experience with Mohanam Team _____	22
Auroville Sunday Tour & Brunch Experience _____	22
Mohanam School of Art & Music activities _____	22
Thiruvannamalai Eco & Spiritual Services _____	22

Auroville Bamboo Centre March Program 2024 _____	22
Bamboo Centre Campus Tour _____	22
Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch _____	22
Training and workshop _____	22
Egai: Art of Giving _____	23
Coconut Shell Craft Workshop _____	23
Incense Making Workshop _____	23
Cooking class _____	23
<b>Nature Activities _____</b>	<b>23</b>
Conscious Nature Immersion at MahaKali Park _____	23
Edible Weed Walks _____	23
Food Forest Tour _____	24
<b>Honorary Voluntary _____</b>	<b>24</b>
Martuvam _____	24
Is Looking For Website Designer _____	24
Wellpaper Needs a Volunteer _____	24
Gau Seva at Sadhana Forest! _____	24
<b>Work Opportunities _____</b>	<b>24</b>
Donation Channeling Group Seeks Executives to Implement Approved Process _____	24
<b>Animal Care _____</b>	<b>24</b>
Canine Care Camp _____	24
Job Offer _____	24
Dr. V. Sejian—honored Guest for the Inauguration of the Construction of New AV Dog Shelter _____	25
Center Asks States To Ban Ferocious Dogs _____	25
<b>Available _____</b>	<b>25</b>
Office Space Available _____	25
Electric Scooter Available _____	25
<b>Looking For _____</b>	<b>25</b>
Left Over Paint _____	25
Looking for Work _____	26
<b>Help Needed _____</b>	<b>26</b>
Important Update on Talam Pay! _____	26
For Emergency Dental Procedure _____	26
<b>Taxi Share _____</b>	<b>26</b>
To Chennai Airport, 26 March, 9pm _____	26
To Chennai Airport, Tuesday, 9 April, 5:30pm _____	26
<b>Foods, Goods and Services _____</b>	<b>27</b>
Taste of Yoga in Verite _____	27
Anitya: Community Lunch _____	27
Computer & Networking _____	27
Dropzy _____	27
Rapid Care Services _____	27
New Waves _____	27
Free store Opening Times _____	28
Rupavathi Joy Activities _____	28
Bio-Region Temple Tour _____	28
South-Indian Cuisine—Cooking Class _____	28
Thai Massage _____	28
Tailoring _____	28
Vélai Craft Space _____	28
Latest News from Inside India Travel Shop _____	28
<b>Poetry _____</b>	<b>28</b>
The Magic Moment _____	28
In Between _____	28

<b>Auroville Media</b>	<b>29</b>
Auroville Radio	29
Last published podcasts	29
Last Youtube live video	29
<b>Voices and Notes</b>	<b>29</b>
Astrology and Ayurveda	29
Our Common Vision-Goal	29
Residents Assembly's Resolve: the Galaxy Principles translated into the Master Plan	30
Tango in Auroville	31
Do We Still Have A Future To Dream About?	31
<b>Languages</b>	<b>31</b>
News From Auroville Language Lab	31
Conversation Practice sessions	31
Current Schedule of Classes	31
Sanskrit Chants with Vishvanathanji	31
Our first full-length publication	32
Looking for:	32
Help Integrate People! program	32
The Language Lab is open	32
<b>Classes, Workshops &amp; Healing Arts</b>	<b>32</b>
The Universe in a Cup of Tea	32
Yoga Classes in Bharat Nivas	32
Svaram	33
Harmonic Spine & Yoga Nidra	33
Magic of the Voice Workshop	33
The Power of Sound by François-Marie Dru	33
Acro Yoga	33
Gentle Flight Workshop	34
Kundalini Yoga	34
Mindful Monday	34
Sitara Munay-Ki Yoga School	
1- Month Teacher Training	34
Yoga with Rachel	35
Auromode Yoga Space March 2024 Schedule	35
Vinyasa flow with Bala	35
Mobility with Karalakattai	35
Weekend Yoga Nidra Theory and practice	35
Arka Wellness Center & Multipurpose Hall	35
Treatments	35
Classes	35
Detox your Mind & Breathe: Heal your Body	36
Angam Tree Traditional Massage Therapy Classes	36
Wellness Wood Products	36
Karakattai	36
Therapies	36
Sound Healing Therapy	36
Massage Therapy	36
Dance Movement Therapy	36
Student Internship Program:	
Traditional Bodywork	36
Quiet Healing Center	37
Baby Watsu Class with Appie & Friederike	37
Beautiful Sounds	37
Traditional Mantra and Stotra Classes	37
Karma Yoga Learning By Doing	37

Pitanga Program March 2024	38
Drop-In Classes	38
Classes—By appointment	38
Healing Space	38
Workshops—With prior registration	38
New Drop-In Classes	38
Youth activities	38
Verité Programs March 2024	39
Yoga & Re-creation Programs	39
Workshops (pre-registration required)	39
Therapies (by appointment only)	39
Verité Workshops March 2024	39
Ayurveda for Self-Harmony with Claire	39
Food is Medicine—Lifestyle Health Practices with Parvathi	39
Synchronize your Moon Cycle with Yoga—Radha	40
Contact Improvisation Dance with Bijou	40
Understanding Pranayama and its Practice in Asanas and Meditation with Radhika	40
Holistic Approach to Ayurvedic Lifestyle with Dr. Geeta	40
Food is Medicine- Lifestyle Health Practices with Parvathi	40
Cancellations	40
Workshop Cancellation	
Safe Yoga Asana Practice: Do's & Don'ts with Rebeca	40
Class Cancellation:	
Vinyasa Flow—with Rebeca	40
<b>Cinema</b>	<b>40</b>
Eco Film Club	40
Schedule of Events	40
Healing Through Food: Part 1	40
Aurofilm	40
At Multi Media Centre Auditorium (MMC, Town Hall)	40
Special Event At Aurofilm: Open House	40
Cinema Paradiso	41
Film Program	
25 March to 31 March 2024	41
<b>Emergency Services</b>	<b>42</b>
<b>N&amp;N Guidelines</b>	<b>42</b>
<b>Accessible Auroville Public Bus</b>	<b>42</b>



# House of Mother's Agenda



## Chapter XXVII—The Gnostic Being, The Life Divine

*(continued from last week)*

In the consciousness of the Infinite individuality does not break up nor circumscribe cosmicity, cosmicity does not contradict transcendence. The gnostic being living in the consciousness of the Infinite will create his own self-manifestation as an individual, but he will do so as a centre of a larger universality and yet at the same time a centre of the transcendence. A universal individual, all his action would be in harmony with the cosmic action, but, owing to his transcendence, it would not be limited by a temporary inferior formulation or at the mercy of any or every cosmic force. His universality would embrace even the Ignorance around him in its larger self, but, while intimately aware of it, he would not be affected by it: he would follow the greater law of his transcendent individuality and express its gnostic truth in his own way of being and action. His life would be a free harmonic expression of the self; but, since his highest self would be one with the being of the Ishwara, a natural divine government of his self-expression by the Ishwara, by his highest self, and by the Supernature, his own supreme nature, would automatically bring into the knowledge, the life, the action a large and unbound but perfect order. The obedience of his individual nature to the Ishwara and the Supernature would be a natural consonance and indeed the very condition of the freedom of the self, since it would be an obedience to his own supreme being, a response to the Source of all his existence. The individual nature would be nothing separate, it would be a current of the Supernature. All antinomy of the Purusha and the Prakriti, that curious division and unbalance of the Soul and Nature which afflicts the Ignorance, would be entirely removed; for the nature would be the outflowing of the self-force of the Person and the Person would be the outflowing of the supreme Nature, the supramental power of being of the Ishwara. It is this supreme truth of his being, an infinitely harmonic principle, that would create the order of his spiritual freedom, an authentic, automatic and plastic order.

In the lower existence the order is automatic, the binding of Nature complete, her groove firm and imperative: the cosmic Consciousness-Force evolves a pattern of Nature and its habitual mould or fixed round of action and obliges the infrarational being to live and act according to the pattern and in the mould or round made for it. Mind in man starts with this prearranged pattern and routine, but, as it evolves, it enlarges the design and expands the mould and tries to replace this fixed unconscious or half-conscious law of automatism by an order based on ideas and significanc-

es and accepted life-motives, or it attempts an intelligent standardisation and a framework determined by rational purpose, utility and convenience. There is nothing really binding or permanent in man's knowledge-structures or his life-structures; but still he cannot but create standards of thought, knowledge, personality, life, conduct and, more or less consciously and completely, base his existence on them or, at least, try his best to frame his life in the ideative cadre of his chosen or accepted dharmas. In the passage to the spiritual life the supreme ideal held up is, on the contrary, not law, but liberty in the spirit; the spirit breaks through all formulas to find its self and, if it has still to be concerned with expression, it must arrive at the liberty of a free and true instead of an artificial expression, a true and spontaneous spiritual order. 'Abandon all dharmas, all standards and rules of being and action, and take refuge in Me alone', is the summit rule of the highest existence held up by the Divine Being to the seeker. In the seeking for this freedom, in the liberation from constructed law into law of self and spirit, in the casting away of the mental control in order to substitute for it the control of the spiritual Reality, an abandonment of the lower constructed truth of mind for the higher essential truth of being, it is possible to pass through a stage in which there is an inner freedom but a lack of outer order, — an action in the flux of nature childlike or inert like a leaf lying passive or driven by the wind or even incoherent or extravagant in outer semblance. It is possible also to arrive at a temporary ordered spiritual expression of the self which is sufficient for the stage one can reach for a time or in this life; or it may be a personal order of self-expression valid according to the norm of what one has already realised of the spiritual truth but afterwards changing freely by the force of spirituality to express the yet larger truth that one goes on to realise. But the supramental gnostic being stands in a consciousness in which knowledge is self-existent and manifests itself according to the order self-determined by the Will of the Infinite in the supernature. This self-determination according to a self-existent knowledge replaces the automatism of Nature and the standards of Mind by the spontaneity of a Truth self-aware and self-active in the very grain of the existence.

*(to be continued next week)*

Chapter XXVII—The Gnostic Being — Sri Aurobindo, *THE LIFE DIVINE*, Pages 1036-1039

[https://sri-aurobindo.co.in/workings/sa/37\\_21\\_22/the\\_life\\_divine\\_21\\_22.pdf](https://sri-aurobindo.co.in/workings/sa/37_21_22/the_life_divine_21_22.pdf)

With love and gratitude,  
Gangalakshmi (HOMA)

# Community News

## Passing On

### JOSETTE PASSES ON



This is to inform the community of the passing of Josette. She lived in Surrender with her husband Michel and had recently celebrated her 80<sup>th</sup>. Our love goes out to her family, Michel and Anaïs, and friends.

*Lisa for the Farewell Team*

## Auroville Matters

### HIGH COURT

#### Sets Aside Order Constituting ATDC

The Division Bench of Madras High Court headed by Chief Justice Mr. Sanjay V. Gangapurwala and Mr. Justice D. Bharatha Chakravarthy set aside the standing order of 1st June 2022 constituting the Auroville Town Development Council (ATDC). Below is a summary of the 34 page order of 15 March 2024, the Court declaring:

- i. The impugned Notification No.AF/M/63/2022-23, dated 01.06.2022 containing Standing Order No.01/2022 issued by the respondent is set aside;
- ii. However, it will be open for the respondent Foundation, through its Governing Board, to frame fresh regulations in tune with the provision of the Act and the observations made herein;

The Court made the following observations:

#### The residents shall participate in town planning

The implementation of the Master Plan is entrusted with the ATDC as per paragraph No.2.9.6 [of the Master Plan] and the details are mentioned in Appendix V. Appendix V is an organogram laying out the organizational structure for the Master Plan. From the same, it would be clear that the residents' participation is the basis. The residents shall participate in town planning and urban design, infrastructure construction maintenance and applied research on sustainable development which form part of the planning group. The residents should also participate in the implementation and monitoring group and the resource mobilization and funding group. All three groups function under the Town Development Council. Thus, it can be seen that the ATDC is the authority that implements the Master Plan on the ground in all spheres i.e., planning, implementation and resource mobilization.

#### The Governing Board Supervises all the Activities and is the Ultimate Decision-making Authority

It can be seen that of all the three organs of the foundation, the Governing Board is placed on a higher pedestal

in the sense that it supervises all the activities and also is the ultimate decision-making authority. The performance of the functions required by the Act and all the activities relating to the residents of Auroville are vested with the Residents' Assembly under Section 19 of the Act. It can be seen that it is the Residents' Assembly that has to carry out those functions and day-to-day activities, not directly by itself, but by aiding and advising the Governing Board.

#### Advice and Consultation of the Residents' Assembly for Membership of ATDC

The impugned Standing Orders grant power to the Governing Board and further, authorizing the Secretary of the Governing Board to appoint any person as a member of the ATDC without the advice and consultation of the Residents' Assembly, is ultra vires the Act.

#### Technical Members Can Only Be In Addition To The Resident Members

While we agree with the contention of the learned Additional Solicitor General of India that the ATDC may require technical members who may be experts in town planning etc., such technical members can only be in addition to the Resident members and thus, Clause—1 of the Standing Order does not even lay down residence or technical expertise as a criterion for members and thus falls foul of the Act and therefore, the impugned Standing Order is violative of Section 32(1) of the Act.

#### Standing Order is ultra vires the Act.

Clause—8 of the Standing Order constitutes a new body called an Advisory Group to advise the Governing Board and the Council on matters relating to the Auroville Master Plan. Clause—9 provides for the terms of officers and members of the Advisory Group. It can be seen that such an Advisory Group also need not be necessarily from the residents or by the Residents' Assembly. Therefore, when Section 19 of the Act specifically enjoins that the Residents' Assembly shall advise the Governing Board; Clauses—8 and 9 of the impugned Standing Order overreach and supplant Section 19 of the Act by constituting a different body known as the Advisory Group. Therefore, we find that the Standing Order is ultra vires the Act.

#### Selection of Membership of ATDC can only be by the Residents' Assembly

The Governing Board has powers to frame Standing Orders. It can prescribe the qualifications of the Members to be chosen by the Residents' Assembly as also provide for technical members. However, the selection/nomination of the said members can only be by the Residents' Assembly, though it may ultimately lie within the powers of the Governing Board to reject a nomination or selection of a particular person. The Governing Board arrogates the entire powers of the Residents' Assembly to itself and virtually nullifies its existence and role vis-a-vis the Master Plan.

#### The Governing Board Is Not Powerless

Reliance [is] placed on Section 11(3) of the Act to contend that the Governing Board can also discharge all the functions of the other organs. The provisions of the Act have to be read harmoniously. Overall power of superintendence is granted to the Governing Board. In a particular instance, if it finds that the function is not carried out properly by the Residents' Assembly or the Advisory Council, or when they omit to carry out their duties, the Governing Board is not powerless. While exercising the general powers of superintendence, in a given situation, it can carry on the functions of the other two limbs also. Section 11(3) of the Act has to be read in this context. Not if the Governing Board can frame Standing Orders and permanently take away the functions of the other arms of the foundation namely, the Residents' Assembly or the Advisory Council. Nor can it entrust such functions to the Secretary of the Foundation.

*Submitted by Roy*

[Madras High Court Division Bench Order on ATDC of 15 March 2024.pdf](#)

## Awakening Spirit

SAVITRI BHAVAN

March 2024

Savitri  
B H A V A N

### Exhibitions

- **Meditations on Savitri:** the entire series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery.
- **Glimpses of the Mother: Photographs and texts** in the Square Hall. A new Bilingual Exhibition on 'Sri Aurobindo: A life sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor

### Films

*Mondays at 4pm in the Sangam Hall*

- **March 25:** How the Mother's Inner Quest brought Her to Sri Aurobindo. A talk by Lopa given at the Sri Aurobindo Ashram about the Mother's psychological, spiritual and occult experiences and those of Sri Aurobindo and their meeting on 29 March 1914 in Pondicherry. Duration: 51min.

### Dream Divine Series

- Weekly session every Wednesday 4:30—5:30pm. The series will include presentations, films, talks, etc., followed by questions and answers.

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is to guide newcomers to understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga.

### Full Moon Gathering

- Sunday, 24 March, 7:15—8:15pm in front of Sri Aurobindo's statue

### Regular Activities

- **Sundays 10:30—12noon:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** The Knowledge and Ignorance—The Spiritual Evolution in The Life Divine led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays, Fridays, Saturdays 4—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Tuesdays 4:30—5:30pm:** Mudra-chi led by Anandi
- **Tuesdays 5:30—6:30pm:** OM Choir led by Narad
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Fridays 3—4pm:** The Return to Earth (Epilogue) in Savitri led by Dr. Jai Singh
- **Saturdays 10am:** Bases of Yoga—An interactive book reading circle
- **Saturdays 5—6:30pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9—5
- **Library and Digital Library** is open Monday to Friday 9—5

Dhanalakshmi  
for Savitri Bhavan Team

## HOW THE MOTHER'S INNER QUEST Brought Her to Sri Aurobindo

Savitri  
B H A V A N

Monday, 25 March 2024, 4pm @ Savitri Bhavan.

Duration: 51 min.

Lopa, a former student of the Sri Aurobindo International Centre of Education, has collected stories recounted by the Mother about herself. She speaks about the Mother's psychological, spiritual, and occult experiences and those of Sri Aurobindo and their meeting in 1914.

As a child, the Mother meditated in her chair. She sleepwalked, wrote poems, and received spiritual teachings in her dreams. At the age of thirteen in Paris, the Mother went out of her body in the evenings and she saw herself wearing a long golden robe under which the suffering people found solace.

And when she was twenty, she created a passage through the vital world, so that when people died, they could go safely to the Light. Nowadays, we know that people with Near-Death-Experiences (NDE) pass through a radiant tunnel to the realm of light.

In 1906 and 1907, the Mother traveled to Tlemcen, Algeria, and stayed with Max and Alma Theon learning advanced occultism from them. Alma Theon was a powerful medium and with her occult vision she could see the Mother wearing a crown with twelve pearls above her head and said: 'You are That'—Tat.

Around the time when the Mother stayed in Tlemcen, Sri Aurobindo had his own occult experiences. In Baroda, he was practicing pranayama five hours a day and realised that it protected him from mosquitoes. He also became aware that there was an electric current around him, that his body was glowing, and that poetry was flowing easily to him.

Then, under the guidance of Yogi Vishnu Bhaskar Lele, he experienced the total silencing of his mind and found that in the state of silent consciousness, he could continue with his political work for India's Independence. Furthermore, the inner voice of the Master of his Yoga was guiding him and giving him his sadhana.

The first contact between the Mother and Sri Aurobindo came about through the question regarding the spiritual meaning of the hexagram, the Star of David, the ancient symbol in many religions, and of Shakti and Shiva. Then in 1914, the Mother could come to Pondicherry and meet Sri Aurobindo. When she saw him for the first time, she realised that it was the same Krishna she had repeatedly seen in her dreams. They recognized each other and shared their spiritual and occult experiences.

The Mother got to know about the Divine spark within during her occult training under the Theons. This knowledge about the Divine spark, the psychic being, enriched the revolutionary Integral Yoga developed jointly by the Mother and Sri Aurobindo.

- The film is available on YouTube:  
<https://www.youtube.com/watch?v=5LEU53jI4Ec>

Submitted by Margrit

### MUDRA CHI

We have our classes

- on **Tuesdays at 4:30pm**  
**@ Savitri Bhavan**
  - Facilitator Anandi Ayun
- Everybody Welcome!



Anandi





## The Dream Divine Series: The Advent of The Mother's first meeting with Sri Aurobindo

We are going to show videos

- Wednesday, 27 March, 4:30pm @ Sangam Hall



Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is to introduce newcomers to the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and The Mother and the Integral Yoga. There will be a weekly session every Wednesday 4:30—5:30pm. The series will include presentations, films, talks, etc., followed by questions and answers. **Everyone is welcome**

## Bases of Yoga—The Mother's Talks, An Interactive Book Reading Circle

- Every Saturday, 10—11am

*'One must truly say, Yes I want to progress with sincerity ... whatever happens, I want to progress. Then it comes'. The Mother*

During September 1954—May 1955, the Mother took up Sri Aurobindo's book 'Bases of Yoga' in her Wednesday classes for comments and answers to questions. In this reading circle we will explore those powerful and transformative words expressed by the beloved Mother, to understand the meaning of 'Yoga' and how we can adopt the teaching in our daily life (*This Book is part of collected works Vols. 6 and 7*).

- Free for all. Join us every Saturday 10—11am

Venue: Garden Room, Savitri Bhavan

- For more details, contact Debashish, 7678208825 WA, [b.deb253@gmail.com](mailto:b.deb253@gmail.com)

## Reflections on Passages in Savitri: The Psychology of Fate By Larry Seidlitz

- Friday, 29 March, 4—5pm @ Sangam Hall

This presentation builds on the previous one in this series which was entitled 'What is Fate?' and which examined Sri Aurobindo's philosophical conception of fate as described in Savitri. In reflections on a powerful passage from Savitri, this presentation examines fate from the psychological perspective of the development of the individual's consciousness in the context of the wider field of the cosmic consciousness which surrounds, influences and permeates the individual. Here there is an emphasis on karma and how the subconscious, subliminal and superconscious ranges of consciousness overshadow our limited field of conscious awareness and impede and impel our evolutionary journey and spiritual awakening.

**Everyone is welcome!**



*Dhanalakshmi  
for Savitri Bhavan*

## BRAHMANASPATI KSHETRAM

Calendar of regular events of March 2024



BRAHMANASPATI KSHETRAM  
The Mother Sri Aurobindo Centre

*To my dear little child  
live only for the Divine*

Calendar of regular events of March 2024

Every Tuesday 6:45 - 7:30pm  
**Savitri Reading**

Every Thursday 6:00 - 6:30pm  
**Meditation**

14th & 28th Thursday 6:30 - 7:30pm, reading  
**"The Mother's Questions & Answers- Vol-7"**  
in English

24th, Sunday at 6:30pm full moon, reciting  
**Sri Aurobindo's Gayatri Mantra** for 30min

No.3/134, Kalathu Mettu Street  
Edayanchavadi, Auroville

[kshetram2014@auroville.org.in](mailto:kshetram2014@auroville.org.in)

Location



*Submitted by Deven*

## THE OM CHOIR

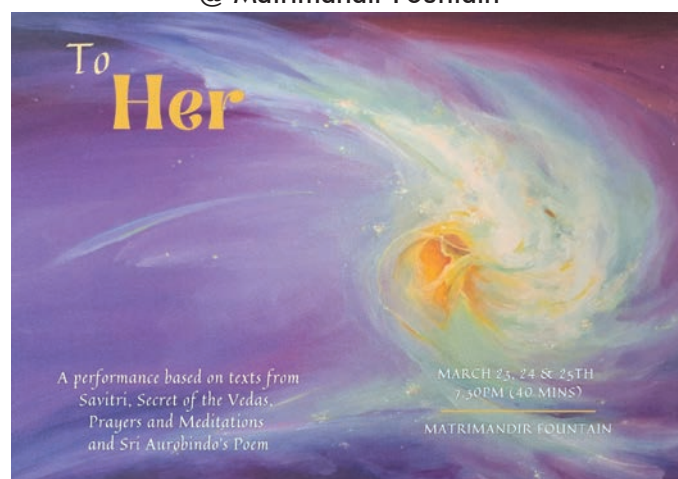
5:30—6:30pm, Tuesdays @ Savitri Bhavan

All are welcome to join with Narad and the choir to explore the sound of OM in an aspiration for collective harmony and transformation for ourselves, humanity and the Earth.

*Noel Parent*

## TO HER

23, 24 & 25 March, 7:30pm, 40 Mins  
@ Matrimandir Fountain



A performance based on texts from Savitri, Secret of the Vedas. Prayers and Meditations and Sri Aurobindo's Poem  
*Madhusudan*



**AMPHITHEATRE—MATRIMANDIR****Meditation****with Savitri read by Mother to Sunil's music.****Every Thursday, 6—6:30pm (weather permitting)**

Every Thursday at sunset, Meditation with Sri Aurobindo's long mantric poem, Savitri read by Mother to Sunil's music.

We follow the sun and the timing changes with the season...

Enjoy the beautiful open space, an immense sunset, heavenly music in the very center of Auroville!

- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such.
- **We request everyone:** please do not use cameras, I-pads, cell phones, etc. No Photos.

Dear Guests, please carry your Guest Card with you and note that access is for the Amphitheatre only from 5:45pm and until meditation ends. *Surya for Amphitheater team*

**CONCENTRATION AT BANYAN TREE****29 March, 6—6:30pm**

Dear Aurovilians and Newcomers, we invite you to a silent concentration at the Banyan Tree on the 29 March from 6—6:30pm to reaffirm collectively the purpose and spirit of Auroville on this 110<sup>th</sup> anniversary of Mother's arrival and meeting Sri Aurobindo in Pondicherry.

- Kindly note that this concentration is only for Aurovilians and Newcomers.

*With Her blessings, Rju,  
Matrimandir and Community members*

We welcome you for 5-day experiential camp with Dr. Arun Sharma on:

**NATURAL HEALTH SCIENCE**

He also calls it स्वाधीन स्वास्थ्य महाविद्या  
or The Divine Science of Health



Dr Arun Sharma has guided countless beings to live a healthy life and cure all kinds of diseases through simple and timeless laws of nature. To know more, visit:  
- [akarma.life/inspiration/](http://akarma.life/inspiration/)  
- [imanah.com](http://imanah.com)



**DATES: 6-10 APRIL, 2024**  
**TIME: 6:00 AM TO 6:00 PM**  
**VENUE: AUROVILLE**

For more details and registration, please go to:  
[tinyurl.com/avnaturalhealth](https://tinyurl.com/avnaturalhealth)

@ Sincerity Guesthouse (ex Auro-Oceanic)

- [tinyurl.com/avnaturalhealth](https://tinyurl.com/avnaturalhealth)

*Dhanyavaad*

**SAVITRI SATSANG BY NARAD****Thursdays, 6:30pm @ Kalpana**

*Savitri*  
*The supreme revelation of*  
*Sri Aurobindo's*  
*vision.*

Savitri reading by Narad on Thursdays at 6:30pm in Kalpana Community @ E1-2B, East Block, 1st Floor (above the parking area).

*Cordially inviting you all.*

*The supreme revelation of Sri Aurobindo's Vision. The Mother*  
*William*

**SATSANGA ON BHAGAVAD GITA****in everyday life****Ongoing till 28 April (6 Weeks), 5—6am Every day****Online Zoom Call**

We warmly invite you for an online Satsanga to integrate the teachings of Srimad Bhagavad Gita in our day-to-day life.

We request that participants commit to attending every day for the first week (Monday, 18 March to Sunday, 24 March) and then decide whether they would like to continue or not for the remaining 5 weeks.

- **Why and What:** Absorb all the 18

chapters of the Gita and hold space for individual and collective reflections, practices, experiments and above all—Divine Grace.

- **How:** श्रवण, मनन, नदिध्यासन (Listening, Reflecting, Self-enquiry & Embodiment)
- **Which Language:** English will be the primary means of communication and we will listen to Sanskrit slokas and the reflections can be shared in any language preferred by the participant.
- **Who:** Whether you are a beginner or well-versed with Gita, the format welcomes all to learn and share together.

In this collective learning journey, we will all progress together, each at his/her pace. If this interests you and you'd like to participate then please sign up on: [tinyurl.com/gitasatsanga](https://tinyurl.com/gitasatsanga)

- To know more, feel free to connect with us  
[devabhasha@auroville.org.in](mailto:devabhasha@auroville.org.in)



*Deven*

*For Vidyamandir and  
Samskritam Auroville Team*

*2019 - 21 March 2024*

## Arts for Land

**ART FOR LAND EXHIBITION**  
Ongoing till 5 April @ Unity Pavilion

# देह्यनम

**Art for Land**  
Art Exhibition



Over a hundred artists have generously donated their creations to Art for Land whose sale proceeds are dedicated for land purchase via the Acres for Auroville campaign. The new current exhibition at UPAV is a most beautiful one—devoted to the theme of 'Dhyanam' (Contemplation), with works of a great variety of styles.

All are for viewing, and for sale—either at the Unity Pavilion or online!

• <https://land.auroville.org/a4l-exhibition-february-april-2024/> **Mandakini**

### Donating

• <https://land.auroville.org/new-banking-information/> & [www.land.auroville.org](http://www.land.auroville.org)

• **Contact:** [lfau@auroville.org.in](mailto:lfau@auroville.org.in) +91 413 2622657

Acres for Auroville is a collaboration of Auroville International & Lands for Auroville Unified **Mandakini**

## Education

### CAPACITY BUILDING WORKSHOP For Environmental Governance

4—6 April 2024, Puducherry

#### Objective And Outcomes

The course is aimed at people working in the environmental field who wish to improve their skills in finding the most effective ways of solving environmental problems. Whilst a large number of wildlife biologists, scientists, and wildlife enthusiasts are working in the field, there is a need to enlarge their skill sets to enable them to look at the best possible options for addressing problems they encounter in the field.

Selected participants will have to make their own travel arrangements to the venue at Puducherry. Stay and food during the workshop will be arranged by CAT. Participants will have to pay a Refundable Deposit of 5,000/-. This will be fully refunded to participants who successfully complete the entire course.

#### Course Contents

- Introduction to Forests, Wildlife, and Environmental Issues
- Roles and responsibilities of Governments, Government agencies, and other statutory authorities
- Information gathering techniques—in the field, accessing information from other sources.
- Documentation of information
- Case Studies

Legislation—Forest and Wildlife laws, EPA, CRZ, EIA notifications



Dr Nandita Shah, 0413 2969075

## POST 2000 POETRY OF DISSENT

by Abha Prakash

I am happy to share that my book, *Post 2000 Poetry of Dissent* has recently been published by Peter Lang International Academic Publishers. It is a collection of essays on contemporary British poetry studied by students following the International A Level English Literature course that I enjoyed teaching at Future School for several years.

*In 'Post-2000 Poetry of Dissent' Dr Abha Prakash's student-focussed explication of poems proceeds comparatively, identifying ways in which pairs of poems from the A-level syllabus address thematically similar phenomena or ideas while the poems' uniquenesses are thus thrown into relief, Prakash's helpful elucidations particularly highlight questions of specific power relations or societal injustices the individual poets are scrutinizing and directly or indirectly critiquing. Her essays instructively model approaches to poems for students developing literary critical skills'*

Susan Gingell, PhD, Professor Emerita and Master Tencher, University of Saskatchewan

*'The best 21st-century poets confront edgy and difficult topics that reflect the realities of our time. Abha Prakash's clear and accessible critiques offer readers a reliable and sensitive guide to the complex questions these poets raise, while also showing how poetic techniques shape each poem's unique form and expression.'*

Anthony John Harding, Professor Emeritus, University of Saskatchewan

An insightful critique of contemporary award-winning poetry published between 2000 and 2011 by British poets, this resource text offers a critical appreciation of 28 poems that form part of the anthology, *Poems of the Decade*, which are studied by A level students in the UK and international centres each year. All the 28 poems express varying degrees of dissent, in theme, style, and techniques. They also offer interesting lines of discussion and debate in the AS English classroom. This is a book of original analytical perspectives

by an experienced English Literature teacher who expertly identifies each poem's implicit and explicit context, as well as its unique response to our twenty-first century world.

Born and raised in Delhi, **Abha Prakash** did her schooling at Presentation Convent and her BA and MA at Hindu College, Delhi University. She completed her PhD from University of Saskatchewan, Canada in 1994. She worked as a lecturer in the English Department at St. Stephen's College, Delhi University, before moving in 2002 to Auroville, Tamil Nadu, where she taught English Literature at Future School until 2022. She is currently focused on selections of her poetry and memoir, besides working in Auroville as a content editor.

Submitted by Abha Prakash

### AUROVILLE LIBRARY

#### Weekly Timings

- **Mornings:** Monday—Saturday, 9am—12:30pm
- **Afternoons:** Monday, Wednesday, Thursday, Friday & Saturday 2—4:30pm, Tuesday 4—6:30pm

#### Story time At the Auroville Library!

Every Saturday, 10—11am: Children's storytime.

- **Contact:** 0413 2622894, [avlib@auroville.org.in](mailto:avlib@auroville.org.in).

Kristen, for the Auroville Library



## E-COMMERCE EXPORT

### Opportunities for Handicraft Exporters and Artisans under Niryat Bandhu

Friday, 22 March, 10am—1pm @ Bhumika Hall  
Bharat Nivas Pavilion



The session aims to create awareness among Handicraft Exporters, Entrepreneurs, Artisans, etc, on cross-border e-commerce and how to succeed in the international market. The session has been organized to provide exposure to international marketing and using various social media platforms for product promotion. Senior officials from various departments will participate in the session and provide a detailed presentation.

The session will cover the following topics:

- E-Commerce Exports on a policy perspective
- How to list out your products and mark them through Amazon
- How to list your products on FIEO's Indian Business Portal to reach international market
- Payment realization and settlement in EDPMS portal (for courier exports) including Mudra loan
- GST return filing process for courier consignments

#### Contact for participation:

- 9789008201, [yasarshariff@fio.org](mailto:yasarshariff@fio.org)
  - Kindly confirm your participation: [Registration Link](#)
- Monisha, BN Team

## Gatherings

### STORIES UNDER THE FULL MOON

Creativity Rooftop,  
Monday, 25 March, 7—9pm



Fantasy, Fairies, Funny and Fun  
Stories that will delight everyone.

Let your mind wander and look at the moon.

This event is coming up soon.

Tellers: Mireille, Paula, Devi, Malcolm

Stories starting at 7pm will be for young people.  
As the evening progresses, tales may be for adults.

Paula

## Research

### SACRED ART AND AGENCY:

#### Case Study of Auroville's Mandala

Saturday, 23 March, 4—6:30pm

@ Multimedia Centre Auditorium

You are cordially invited for a presentation 'Sacred Art and Agency: Case Study of Auroville's Mandala' by Shreen Raghavan, .

The presentation will be for approximately an hour followed by Q&A.

#### Abstract of presentation

Gell (1998) proposes a framework for analyzing art, which he terms as the Index (1), through its interactions with the Artist (A), the creator, and the Viewer / Patient (P). This model is used as a starting point for understanding the theurgic nature of the mandala at Auroville, India. The process of elucidation commences by analyzing the background and mystical experiences of its creators, Aurobindo Ghose and Mirra Alfassa; next, the artistic architectural and arboreal forms of the Aurovilian mandala are examined; finally, the spiritual experiences of both Aurovilians and pilgrims are investigated, providing emic and etic perspectives respectively. The paper seeks to link the three entities—Creator, mandala and pilgrim—via a common denominator of congruent Self-realizing experiences, in the 'abduction' of the mandala's agency. First, the case facts are presented which serve as data-points for the Gell framework. These data-points are then hermeneutically mapped onto religious literature, exegeses, theories and research findings on the mandala sacred art / initiatory rites (Gonda 1965, Bohnemann 2003, Van Gennep 1960, Sanderson 1984) to distill the underlying affective process. Pilgrim experiences at another sacred site are compared with those at Auroville. Finally, facts, theory and hermeneutics together serve to effectively link founders, mandala and pilgrims, establishing the 'union'.



#### About the Speaker

Shreen is an Independent Researcher & Fellow of the Royal Anthropological Institute, Great Britain & Ireland. He has made presentations on Auroville at international conferences in SOAS, London (2018) and Imperial College, London (2017). He has also co-presented, along with his wife Dr Kala, a business case study based on an Auroville unit at Said Business School, Oxford (2014) which has been published in a research journal. He completed his Bachelor's in Chemical Engineering at IIT Madras and his Master's in Industrial Engineering at Louisiana State University, Baton Rouge and subsequently an MBA from the University of Texas at Austin. He resides in Chennai with his wife and daughter.

Shreen

## Lost and Found

### A Straw Hat Lost

A few evenings back, near the Matrimandir, I found a lady straw hat with a black knot.

- Contact me +91 9952746285, [anandi7@auroville.org.in](mailto:anandi7@auroville.org.in)

Anandi ayün Lux





## Youth Initiative

### AUROVILLE YOUTH WORK SURVEY

Version: 2024-03-12, Done by YouthLink

This is **part 2b of a survey** conducted by YouthLink on the working situation of youth in Auroville. Part 1 was published last year in News&Notes 971 and 972, part 2a was published last week. The survey results will be published in News&Notes in 4 chapters:

- 2a An Auroville youth perspective on education
- 2b The work situation of Auroville youth in 2023
- 2c The financial situation of Auroville youth
- 2d A working youth perspective on Auroville itself

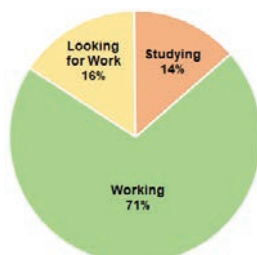
Part 2 is based on detailed in person interviews with 51 young Aurovilians between the ages of 18-30 in the second half of 2023. We consider this study representative of young Aurovilians aged 18-30, only the very young Indian females in the age bracket 18-21 are underrepresented.

### The Work Situation of Auroville Youth in 2023

This sociological analysis examines the results of a survey conducted to understand the work situation of Auroville's youth aged between 18 and 30. Our in-depth interviews aimed to shed light on various aspects of their employment, including the types of work, working hours, job-finding methods, team roles, training opportunities, and the factors that shape their work-related preferences. The data gathered from 51 respondents offers insights into the employment landscape within Auroville and how it compares to opportunities outside the community.

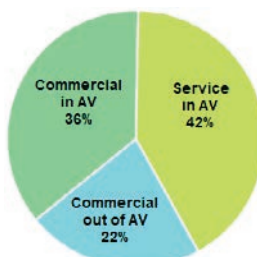
#### Employment Status

Out of the 51 respondents in part 2 of the survey, 36 (71%) were actively employed, 7 (14%) were studying and 8 (16%) were looking for work. In the previous part 1 of the survey 89 (77%) respondents from 116 were employed. In both study samples the employed respondents worked an average 2 years at their current workplace.



#### Where do they work?

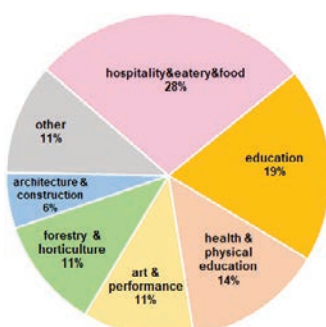
Among those employed, 42% worked in service units within Auroville, 36% in commercial units within Auroville, and 22% in commercial companies outside Auroville. In the survey part 1 with 116 respondents we had a similar distribution. Notably, 6 of the 13 working in Auroville's commercial units were also founders of these units.



The respondents have often worked in several other places before. On average respondents worked in 2.3 workplaces in Auroville and in 1.8 workplaces outside of Auroville in addition to their current workplace.

#### In which areas do the respondents work?

Many work in the area of hospitality & eatery & food (28%), followed by education (19%) and health & physical education (14%). Some are working in art & performance (11%), forestry & horticulture (11%) and architecture & construction (6%). The others (11%) have single specific jobs. Half of the respondents also indicated that their hobbies could



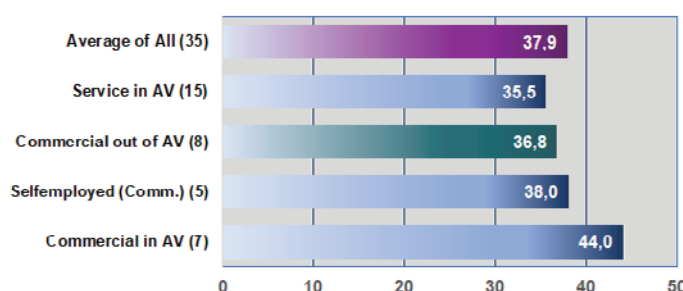
potentially serve as a foundation for another work area. A categorisation is not always easy as several youths work in more than one place.

#### How did they find their job?

Nearly half of the respondents (45%) found their place of employment through connections of friends or family, while 18% founded their workplaces by themselves. Internships, volunteering (12%), and initiative applications (9%) were other common methods of job acquisition. Only 2 respondents found employment through Auroville HR Hub or Auroville web announcements.

#### How much do they work?

Average Working Hours per Week



The working hours among Auroville's youth exhibited a high degree of variability, ranging from 10 to 60 hours per week, with most working between 30 and 40 hours. Surprisingly, the work location has not much influence: respondents working in commercial companies outside Auroville work an average of 36.8 hours per week, in commercial units in Auroville do they work 44 hours per week in average, the self employed work 38 hours per week and in service units in Auroville do they work 35.5 hours per week in average.

The overall average working hours were 37.9 hours per week, with 33% wanting to reduce their work hours, 44% content with their current hours, and 17% aiming to increase their work hours. Reasons for wanting to work more were driven by a passion for their work, while those seeking reduced hours cited a desire for better work-life balance, time for family, education, and other activities.

We also asked about caretaking work in addition to the job. 13 (36%) of the respondents do caretaking work for parents, children or relatives, ranging from a few hours to 50 hours a week, with an average of 15 hours.

Additionally, 15 respondents (42%) engage in unpaid volunteer work ranging from 1 hour to 20 hours per week, averaging 8.5 hours per week.

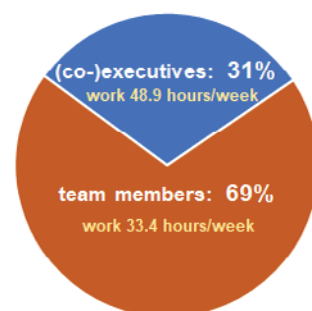
#### Team Roles and Work Hours

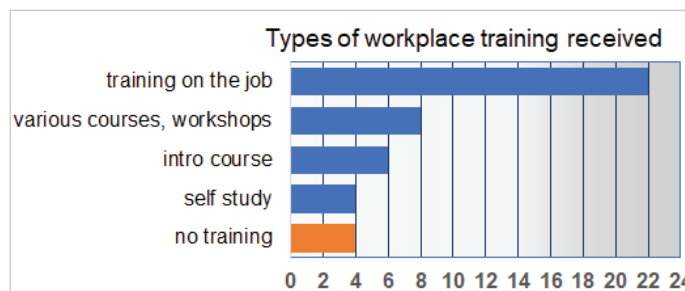
Several in Auroville emphasized the non-hierarchical structure of their teams. Nevertheless, 11 respondents (31%) find themselves in an executive role. The remaining Auroville youth hold team member roles (69%). The average workweek for team members was 33.4 hours. In contrast, executives work an average of 48.9 hours per week.

Half of the respondents pointed out that they are willing to take on more responsibility.

#### Workplace training

The majority (65%) reported that they received on-the-job training, with 38% exclusively relying on this form of education. Six respondents (18%) received an introductory course to their current work, while 8 (24%) others attended internal or external workshops or courses. Self-study was





mentioned by only a few respondents, primarily among the self-employed. Notably, 4 respondents received no training at all, two of them work outside Auroville, and the other two hold executive roles within Auroville.

### Contact Us

A big thank you to all our respondents for the time they took to carefully answer our questions and the trust they showed in us. We hope this study will give a clearer picture of the working youth of Auroville.

If you have any feedback, specific questions or would like to discuss the findings from this survey, please reach out to us at our email: [youthlink@auroville.org.in](mailto:youthlink@auroville.org.in).

Namu for YouthLink Team

## International

### THE PAVILLON DE FRANCE PRESENTS

**Tools to build resilience  
in the face of contemporary crisis: An exploration.**

Conducted by Jonathan Aussems

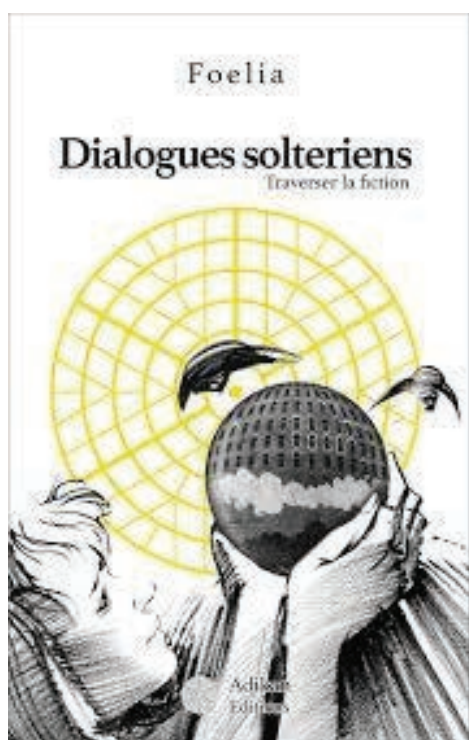
Saturday, 23 March, 5pm @ Pavillon de France

In French

Jonathan Aussems, teacher, musician, writer, body psychoanalyst and passionate about fostering a more conscious world, will share some elements of his experience as well as practical tools which can help to be more resilient in navigating present-day crisis.

What kind of awareness can one cultivate in such situations? What actions can one take to better connect with others and weave a more resilient network? What tools to take decisions together? Which alternative economic tools? How to run a productive meeting? How to make sure our communications remain confidential? How can we dream of a better future together in order to consciously move forward towards its realisation?

These will be the questions raised in an open spirit of sharing. Looking forward to meeting you there! **Vivekan**



## For Your Information

### CALL FOR GRANT PROPOSALS SDZ Funding in 2024

The Project Coordination Group (PCG) will be meeting to process grant proposals for possible funding by Stichting De Zaaier in 2024. **The last date to submit proposals for this call is Monday, 22 April 2024.** You are welcome to submit earlier or to send us a draft version of your proposal for comment prior to the due date.



STICHTING DE ZAAIER

- For application forms or more information please write to [pcg@auroville.org.in](mailto:pcg@auroville.org.in)

All documents related to this purpose are to be submitted in the prescribed forms as attachments, emailed to [pcg@auroville.org.in](mailto:pcg@auroville.org.in)

- NB Please note that in case your proposal is not ready by this date, there will be another call for proposals for SDZ later this year.

Pala, for the Project Coordination Group

## Health Care

### HEALTH FUND PENDING BILLS

Dear Health Fund Members, the end of the financial year is approaching and we kindly request you to check if you have any medical bills from April 2023 onwards.



We need to receive those bills in/before **March of this year** in order to process/refund them. **Any of those bills received/deposited later than March of this year will not be refunded/processed!**

Please check and deposit them at Sante or Health Centre in the respective bill boxes. **Stefan for Health Fund Team**

### HEALTH FUND WILL BE CLOSED on Thursday, 21 March

Health Fund will be closed on Thursday, 21 March and instead be open on Friday, 22 March. We apologize for any inconvenience this may cause. Thank you all for listening to our request to deposit your bills in time! Have a nice day!

Stefan for Health Fund Team

### AUROKIYA INTEGRAL EYE CENTRE @ ARKA

Working Hours: Monday—Saturday, 9am—5:30pm

#### Services Provided

- First aid services, including conjunctivitis, corneal abrasion and ulcers, trauma, and foreign bodies
- Comprehensive eye examination with advance technology
- Dispensation of glasses and contact lenses
- Eye medicines (Homeopathy, allopathy, and Ayurvedic Drops)
- Personal guided support to visit Aravind eye hospital for surgeries and procedures
- Natural eye healing sessions (eye exercises, eye yoga, and vision therapy)
- Outreach: Screening camps and eye health education (Schools, Workplaces and Villages)



Contact: [aurokiya@auroville.org.in](mailto:aurokiya@auroville.org.in); [aurokiya@gmail.com](mailto:aurokiya@gmail.com), WA/ Mobile: 8012305151, [www.aurokiya.com](http://www.aurokiya.com) Aurosugan


**SANTÉ SERVICES**
**March 2024**
**Working Hours**

- Monday—Saturday, 9—12:30pm & 2—4:30pm

**Tests and Sample collection**

- Monday—Friday 8:30—12pm.
- No sample collection on Saturday.

**For emergencies**

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

**Appointment**

- Please call Santé on 0413 2622803 during working hours for an appointment

**Santé Services Schedule**

<b>Doctor consults with</b> Dr.Senthil: Monday to Friday	<b>Nursing Care:</b> Ezhil, Thilagam, Archana & Sandhya: Daily No appointment necessary
<b>Ayurveda with Dr.Be:</b> Tuesday/ Wednesday /Friday	<b>Pregnancy Care &amp; Women's Wellness with Paula:</b> Tuesday & Wednesday
<b>Acupuncture with Andres:</b> TOS	<b>Homeopathy with Michael:</b> Monday/ Wednesday/Saturday
<b>Integrative Psychotherapy with Juan Andres:</b> Monday to Friday	<b>Physiotherapy with Arun &amp; Rebeca(tos):</b> Monday to Saturday
<b>Functional Medicine with Lize:</b> Wednesday & Friday	<b>Soundbed Session with Sandhya/ Thilagam:</b> Monday to Saturday
<b>Bio-Well Assessment (Evaluation of your well-being) with Helena:</b> Inquiry through email <a href="mailto:adminsante@auroville.org.in">adminsante@auroville.org.in</a>	<b>Physiotherapy &amp; Massage with Galina:</b> Monday to Friday

- In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.
- In case of cancellation or to reschedule, it is necessary to inform us in advance.

Dasha for Sante Services,  
[sante@auroville.org.in](mailto:sante@auroville.org.in), <http://sante.auroville.org.in>

**AURODENT DENTAL CLINIC**


Dental Clinic  
Auromode, Auroville.

**For Appointment please contact us**

Email: [aurodent@auroville.org.in](mailto:aurodent@auroville.org.in)

Phone: 0413-2622063 What's up: 9629199328

**Working hours**

Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

Submitted by Sutha

**MAATRAM @ ARKA**


Maatram provides consultation with professionals trained in Psychiatry, Clinical Psychology, Neuro/Bio feedback therapy, Integral eye movement therapy, NLP, EMDR, Art therapy, self-work with clay etc

**Therapists schedule for Open Consultation Hour (OCH)**

	9-10 am
Monday	Saif
Tuesday	Rashmi
Wednesday	Palani
Thursday	Chetna
Friday	Gopa

OCH is a walk-in session where anyone can come without an appointment. If the therapist is already seeing someone by the time you walk in, please leave your contact details and we will revert.

- Message or call: 90877 09434
- [maatram@auroville.org.in](mailto:maatram@auroville.org.in), [maatram.org.in](http://maatram.org.in)

Megha for Maatram

*Thank You*

**FEEL THE VIBE: THANK YOU**


We would like to express our heartfelt thanks to our community for making the 'Feel the Vibe' event possible.

Your participation, whether through volunteering your time, sharing your talents, attending the performance, or offering financial support, was what made the event a memorable success. It was truly a collaborative effort, and we are glad that you chose to be part of it.

Thank you for all your support and may the vibe we've created together inspire us all going forward.

Sonia  
for The 'Feel the Vibe' team

© 2019 - 21 March 2024



*The Arts*

**AUROVILLE CHOIR YOUTH**

- Saturday, 23 March 7:30 pm
- Sunday, 24 March, 6:30pm
- @ CRIPA

Nuria

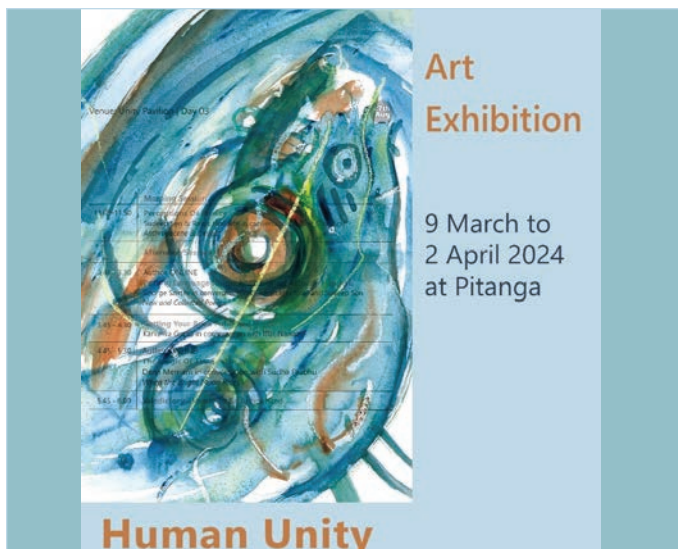


**HUMAN UNITY**

**Water Colour Works by Ivana**

Roof Studio/ AV Art Service

Ongoing till 2 April 2024 @ Pitanga



Ivana

**EXPERIENCE**

*Seleted works of Sambita*



**aurelec** Restaurant & Art Gallery

15th March to 6th April 2024 | Open from 8 am to 5 pm

@ Aurelec Restaurant & Art Gallery

Ongoing till to 6 April 2024, 8am—5pm

Franz

**FROM DARKNESS TO LIGHT**

**by Supriya Menon Meneghetti**

Ongoing till 23 March

Monday to Saturday 10am—12pm and 2—5:30pm

ॐ असतो मा सद्गमय । Om Asato Maa Sad-Gamaya |  
तमसो मा ज्योतिर्गमय । Tamaso Maa Jyotir-Gamaya |  
मृत्योर्मा अमृतं गमय । Mrtyor-Maa Amrtam Gamaya |  
ॐ शान्तिः शान्तिः शान्तिः ॥ Om Shaantih Shaantih Shaantih ॥

I have chosen the second line of this mantra, chanted every school morning for the first twelve years of my education.

The line means: From the Dark-ness (of Igno-rance), make me go (i.e. Lead me) towards the Light (of Spiritual Knowledge).

This exhibition is a tribute to Deborah Smith, founder of Golden Bridge Pottery in Pondicherry.

She has shared with me her knowledge in work and life. My gratitude to Debby.

Supriya Menon Meneghetti

**RASATVA**

30 March, 7:30pm, @ Cripa

**rasatva**

a taste of Odissi in the lineage of  
Guru Kelucharan Mahapatra

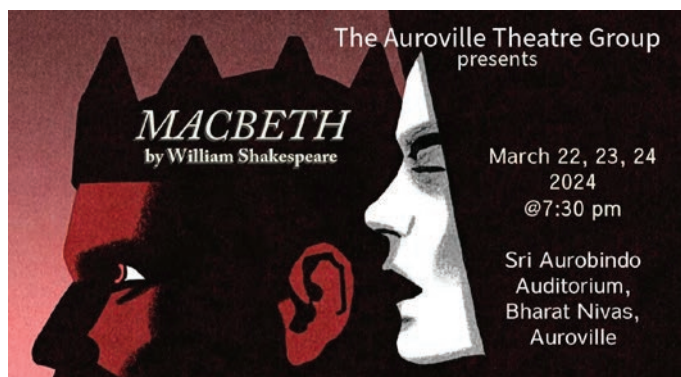
Artistic Direction by  
**Rekha Tandon**



- Artistic Direction by Rekha Tandon
- Performed by Agila, Blanche, Manjula, Pavithra, Priyamvada, Ilavarasi, Suchithra, Sonali and Rekha. Agila



## TRAGEDIE OF MACBETH



The 'Tragedie of Macbeth' by William Shakespeare reflects back to us the enormous tragedy experienced by countries that live under a ruthless dictatorship. What is interesting is that the play lets us see how the dictator him(or her)self suffers. Not just the citizens of the country. Not just family and close friends, who pay the price for loving, but the perpetrator as they are caught up in a vicious cycle of triumph and defeat, normalcy and paranoia, calm and dangerous outbursts of irrational and ultimately, self-destructive, behavior. The one who needs to feel powerful, at the expense of others, is ultimately the one who loses everything and is left powerless. This can happen in communities, in politics, in families, in schools, anywhere where there is a strict hierarchy which excludes consensus building and disallows empathy. Please join us!

### Cast and Crew

- Ananya Tomar, Second Witch and daughter of the Macduffs
- Aakif, Fleance, son of Banquo and Donalbain, son of King Duncan
- Agnes Lindstoel Wilhelmsen, clown with drum and Assistant to the Set Designer
- Akira (Cheshta Bhatia) Third Witch, Servant to Macbeth
- Alka Singh, First Witch and Gentlewoman
- Angele, Makeup
- Arshad N.Khan, Butler to Macbeth, Soldier, Dinner Guest
- Debashish Baidya, Ross, a Thane
- Gobinath Mounissamy, Projections
- Hartmut von Lieres, composer
- Ian Christian, Macbeth
- Kumud Baliyan, Set Designer, Clown with Harmonica
- Mani Vardhan, Murderer, Old Man, Porter, Siward
- Nandita, Makeup
- Nikhil T. Vinod, Servant, Messenger, Soldier
- Ojas Abhishek Kumar, Banquo, Banquo's Ghost
- Piyush Tikku, Prop Master, 2nd Apparition, Dinner Guest
- Radha Ganesan, Costume Designer
- Reeshabh Rawat, Macduff
- Rohit Xavier, Malcolm, Prince of Cumberland
- Rupam Mishra, Lady Macbeth
- Sajiv Pasala, Doctor, Captain, Dinner Guest
- Sakshi Kaushal, Lady Macduff
- Samagr Sakshi, composer
- Saumya Yadav, Hecate, 2nd Murderer, Stage Manager
- Sugumar Shanmugam, Lighting Designer
- Sunny Sambyal, backstage assistant
- Swar Edgar, King Duncan
- Vanni Dogra, backstage assistant

Many thanks to the Wilstar Foundation for their generous support. In collaboration with the AV Art Service.

*Jill Navarre, director, the Auroville Theatre Group for the Macbeth Team*

## Bhakti Natya Mala

A collection of Bharatanatyam performances exercising different facts of devotion.

By **Lakshmi Dhanaraj**  
**Dr. Padma Prashanthini. V**

**06:45 pm**  
**30<sup>th</sup> March**  
**Saturday**

Venue :  
SAWCHU,  
Bharat Nivas, Auroville.

## Hindustani Classical

Bhajan - Mantra chanting - Devotional songs

**DIRECTED BY LAKSHMI SANTRA**

Vocal by  
Lakshmi Santra & Students

Tabla by  
Tapan Chatterjee

**06:30 pm**  
**29<sup>th</sup> March**  
**Friday**

Venue :  
SAWCHU,  
Bharat Nivas, Auroville.

*All are Welcome..*

## World Theatre Day

with an experiential workshop for all  
'ALL THE WORLD'S A STAGE'



**06:00 pm**  
**27<sup>th</sup> March**  
**Wednesday**

Venue :  
Sri Aurobindo Auditorium,  
Bharat Nivas,  
Auroville.

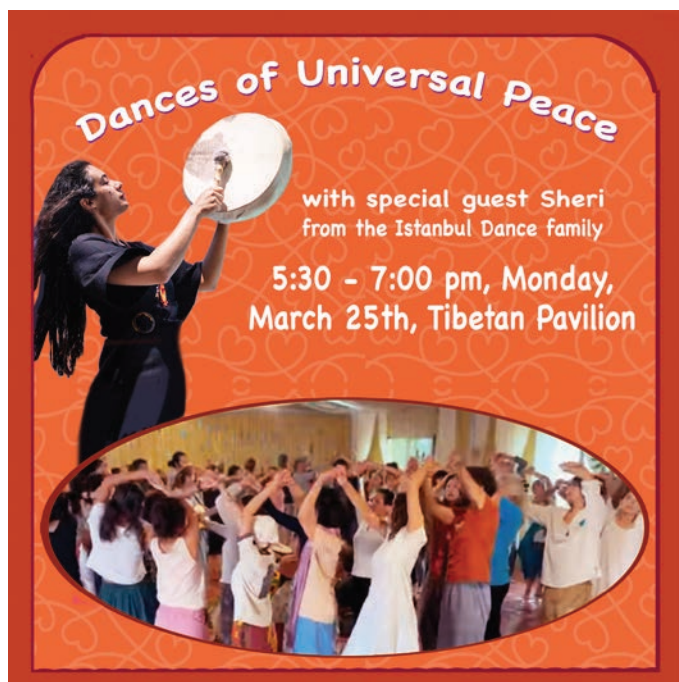
With **Rashi Bunny**  
Founder Director, Banjara Theatre

- To discover your unique self expression
- To experience the theatrical language of belonging
- To have fun and celebrate your own creativity



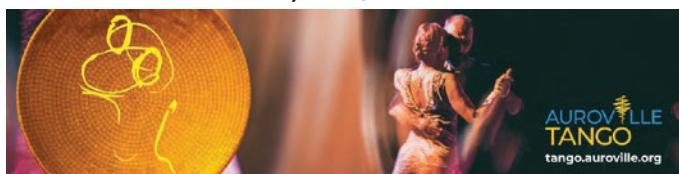


## Dance Activities



Dances of Universal Peace combines simple dance steps with sacred songs from around the world. By donation. **Kaia**

### AUROVILLE TANGO ACTIVITIES @ Harmony Hall, Bharat Nivas



- **Monday, Class:**
  - 7pm intermediates; 8pm beginners
- **Wednesday, Practica:**
  - 7:30pm guided practica; 8pm practilonga
- **Friday, Open Source: 6:30—8pm**  
No partner required, bring socks or dance shoes and plenty of cheer!  
+91 9821166082, [tango@auroville.org.in](mailto:tango@auroville.org.in)  
Submitted by Aurevan

### SALSA DANCE CLASS

- **Beginner Class:** Every Tuesday, 6:30pm
- **All Levels:** Every Saturday, 6:30pm
- **By appointment:** any time you can do Salsa, Bachata Kizomba
- **Need To Bring:** Socks, Water, Smile
- **Venue:** New creation Dance studio
- **Register before coming**  
+918637633696  
Mani, @bakisata\_dance



### TANGO DANCE CLASS

Every Monday, Cripa, 6:30pm

By appointment: any time you can do class

- Bring water bottle, socks, Every month new batch beginner, Minimum commitment 1 month,
- Listen more Tango music, Dance Tango every day by booking for couples or Individuals, Be on time
- **For bookings contact us:** +918637633696, [bakisatadance@gmail.com](mailto:bakisatadance@gmail.com).  
Mani

## ZUMBA WITH PREETI

Zumba classes are happening



@ New Creation Studio, every Monday, 6pm  
For regular classes DM: 8281746763

Submitted by Vega



## LA Style Salsa Dance

Every Thursday, 7:30pm @ CRIPA, Kalabhumi

Salsa is dance from Los Angelo, It's all with Music & Dance with Presence of mind. It is FUN, GREAT skill to have in life, way to make new friends, relieves stress, builds confidence, exercise and universal dance. SALSA dancing not only feels good, but it also improves your physical strength, endurance, flexibility and coordination. You can get a real high in energy from dancing and in the stressful world we reach this natural calm is a Good Thing.



### Beginner:

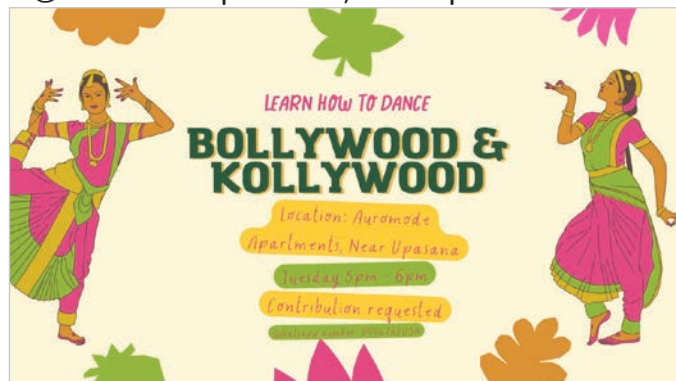
- Basic steps, Front and back, Side to side, Cross legs, Front turning, Back turning
  - Practice with Partners with all basic steps, Partner sequences, Turning and leading
  - How to get the beats or rhythms, Dance with Partners
  - Feedback sessions
- Contact:** Instructor Raja, +91 9751395939, Voice and WA
- Contribution Based
  - [www.angamtree.com/workshops](http://www.angamtree.com/workshops)
  - Kindly WA to be added to the Salsa WhatsApp +91 9751395939

Submitted by Raja

## JOIN OUR BOLLYWOOD DANCE SESSION

@ Auromode! Every Tuesday, 5—6pm

@ Auromode Apartments, Near Upassana and CSR



Learn How To Dance Bollywood & Kollywood, Tosalion, Aurzmedt! For more information and to reserve your spot, contact: [balaganesh.siva@gmail.com](mailto:balaganesh.siva@gmail.com), +919446762034 WA only  
Don't miss out on the chance to add some Bollywood and Kollywood flair to your dance repertoire. See you on the dance floor! Contribution Requested. **Balaganesh SIVA**

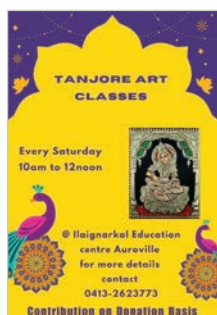


## Music and Art Activities

### TANJORE ART CLASSES

Every Saturday, 10am—12noon  
@ Ilaigarkal Education center

Tanjore Paintings Hold Cultural And Religious Significance, originating In Tamil Nadu, India. They Depict Hindu Deities And Mythology With Vibrant Colors and Intricate Details. The Use Of Gold Leaf Adds Opulence, Reflecting the Region's Artistic Heritage. These Paintings Serve Representations Of South Indian Art, Preserving Traditional Techniques and Contributing to The Rich Tapestry Of India's Cultural History

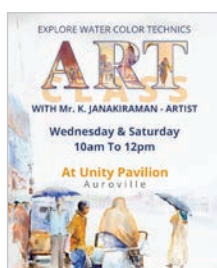


- For more details contact 0413 2623773
- Contributions on Donation Basis

Ayyanar

### EXPLORE WATERCOLOR TECHNIQUES

- Wednesday & Saturday, 10am—12pm @ At Unity Pavilion
- Art with Mr. K. Janakiraman
- For More Details 9443648774, 7558401106



Submitted by Arun

### CENTER FOR RESEARCH EDUCATION EXPERIENCE in Visual Arts

#### Weekly Art Activities

- Watercolor painting by Sathya, Thursday 4-6pm.
- Figurative Drawing Session Every Saturday 2-4pm.
- Root Of Art by C. Sivacoumar (To know the basic value of art) Every Saturday 4:30—6:30pm. Contact: +91 8870129626
- Portrait: Live portrait in sketch and watercolor painting in 40min, by Sathya.



#### Art Activity

- Watercolor Class By Sathya: Thursdays, 4—6pm.
- Figurative Drawing Session: Saturdays, 2—4pm.
- Root Of Art by C. Sivacoumar. To know the basic value of art. Contact +918870129626
  - Saturdays, 4:30—6:30pm.
- Portrait. Live portrait in sketch and watercolor painting in 40 min by Sathya.

'Open Studio' is a creative space for individuals to explore various forms of visual art. Art supplies are provided, and you are welcome to stay as long as you'd like during your session. A facilitator will be there if you need help.

- The studio is open 12:30—4:30pm, Monday to Friday.
- If you plan to attend at other times, please inform in advance.
- Contact Abi at +919042058981.

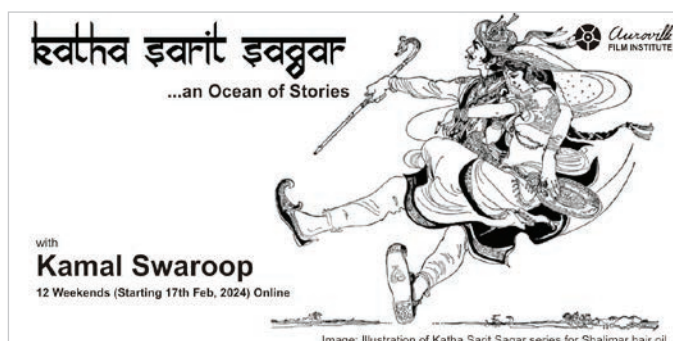


CREEVA Studio, +91 9486145072 WA, Sathya

### A CREATIVE READING AND WRITING WORKSHOP

With Kamal Swaroop

12 Weekends, Online. Ongoing. 14:30 to 18:30 IST.



Warmly, Richa

### OPEN-MIC NIGHT AT YATRA'S ARTISTE CAFE

Every Saturday from 7—9:30pm!

Join us in our cozy garden cafe for an evening of smiles and creativity. Whether you are a singer, musician, dancer, comedian, actor or poet...young or simply young at heart...you are most welcome to perform. And of course all are welcome to watch.



**YATRA**  
Arts Media

- Traditional home-cooked South Indian food available.
- Artiste Café
- Near New Creation Sports Ground, Kilapalayam Open Monday to Saturday (8am to 9.30pm) Sunday—Holiday.
- Contacts: 0413 2623071, 9786772209, [yatraartistecafe@gmail.com](mailto:yatraartistecafe@gmail.com)

Yatra Srinivassan

### The Sound of Bamboo

Various Styles of the Indian Flute



#### Group Classes With Michael

- Kalabhumu Music Studio, Every Friday
  - Beginner: 11am—12pm,
  - Advanced: 12noon—1pm

Drop in is possible at any time, flutes available to borrow or buy.

- Contribution:
  - Guests: Contribution required
  - Aurovilians, NCs, Volunteers & Local Villagers: Free donation
- Connect: [michael@sound-of-bansuri.com](mailto:michael@sound-of-bansuri.com) +91 9150567003 WA
- More Info: [www.the-sound-of-bamboo.com](http://www.the-sound-of-bamboo.com)
- To Donate: <https://pay.auroville.org/divine-arts>
- Learn More About Divine Arts:
  - <https://auroville.org/page/divine-arts>

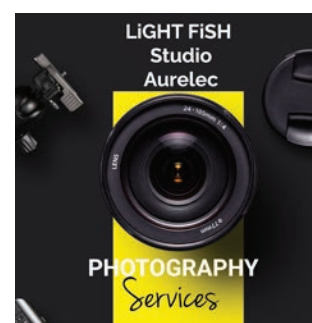
Michael

### LIGHT FISH PROFESSIONAL PHOTOGRAPHY STUDIO

#### Photography Services

- Fashion Photography
- Product Photography
- Food Photography
- Architectural Photography

Samvit Blas, Light Fish,  
9442526287,  
[sales@light-fish.com](mailto:sales@light-fish.com)



## Sports & Martial Arts

### SWIMMING CLASS

- Kids 6+ & Adults
- Courses from beginners to advanced level
- To book contact +91 8637633696

Mani



### KSHETRA KALARI, ASPIRATION

@ Aspiration Sport Ground

- **Kalari Class for Beginners**
  - Morning classes: 6:30—7:30am  
Monday, Wednesday, Friday
  - Evening classes: 5—6pm,  
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
  - Morning classes 6:30—7:30am  
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
  - By appointment, 9042009200, Maneesh



Where Body Becomes Eyes, Maneesh For Kalari Team

### BHARAT NIVAS PRESENTS

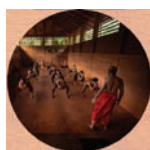
#### Kalaripayattu Class

in Collaboration with Kalarigram

Bhumika Hall, 6—7am, Monday to Friday

- For Registration: Contribution is applicable for the class
- [bharatnivas@auroville.org.in](mailto:bharatnivas@auroville.org.in),  
office: 0413 2622253

Parking available outside the Bharat Nivas main gate  
Vani for BN Team



### TAI CHI HALL DAILY CLASSES

The Tai Chi Hall in Sharnga community offers daily classes, six days a week.

- **Mondays & Saturdays**
  - 7:30—8:30am: Chi;
  - 8:30—9:30am: Form
- **Tuesdays—Fridays**
  - 7:30—8am: Chi; 8—9am: Form



We practice three forms (24, 108 and 127) in the Yang style, as taught by the Inner Way School—Stevanovitch Method ([artduchi.com](http://artduchi.com)). All are welcome to drop in.

[taichi.auroville.org](http://taichi.auroville.org), [taichi@auroville.org.in](mailto:taichi@auroville.org.in)  
Warmly, Krishna

### KALPANA GYM

Kalpana Gym is open 7—9am & 5—8pm

- Monday To Saturday

All Are Welcome!

Satyakam

### LOOKING FOR VOLLEYBALL PLAYERS



We are looking for people interested in playing 2x2 volleyball. If you are interested—please get in touch. We will be playing at Certitude.

2x2 volleyball is played on a same size court and net height. It could be more physically demanding yet it gives each player a lot of opportunities to engage and enjoy the game.

- WA to 7598869223 if you would like to join.

Slava

### AUROVILLE AIKIDO

@ Auroville Budokan, Dehashakti near Dana:

Aikido is a Japanese martial art that can be practiced and enjoyed by everybody—usually gender mixed. Its regular and sincere practice makes you work on all your different levels of being: physical, mental, spiritual. There is no competition in Aikido and the spirit is of oneness and non violence—with concrete self-defense elements! We encourage the youth and especially girls and women to come and train with us. Welcome to watch a class before, or join us right away!



- **Children classes (from 8 of age)**
  - Monday, Wednesday & Friday: 4—5pm.
  - Regular attendance (at least twice a week) required, as part of the school sports' program. Please contact us (Philippe G. and Surya CR)
- **Adults all levels including Beginners**
  - **Morning:** Tuesday, Thursday & Saturdays 6—7:30am (with Murugan.)
  - **Evening:** class with Surya on Wednesday 5:15—6:30am.
  - **Beginners** are mostly welcome on Wednesday evening and Saturday early morning classes.
- **Women and young girls with Surya**
  - Sunday, 9:15—10:30am.
- **Practice clothes & other info:** for energy flow, avoid tight fitting clothes. Beginners can wear a T-shirt & long loose pants then a white 'keikogi' will be required (we have some). Please be on time, i.e. 10—15 min. before class starts! Reasonable contribution required from all for the Budokan (activity under LEAD). Annual/one time for Aurovilians—a monthly or per class contribution from non Aurovilians.
- **Contact:**
  - Surya 0413 2623813 or 8300189062
  - Philippe 8300643963
  - N. Murugan 9952812843
  - [budokan@auroville.org.in](mailto:budokan@auroville.org.in), [suryaniworks@gmail.com](mailto:suryaniworks@gmail.com)

Looking forward to see you at the Budokan dojo,

For Auroville Aikido  
Surya, N. Murugan, Philippe G. and Cristo

### ABHAYA MARTIAL ARTS

Abhaya has a team of certified coaches in various disciplines (MMA, Self Defense, Shou Wu, Tai Chi Chen style, Grappling, BJJ, Kickboxing, K1, Wing Chun) and offers classes to kids and adults, from beginners to experts.



- **MMA for adults:** Monday, 5:30pm in Dehashakti: (Giacomo—International Instructor)
- **MMA for kids:** Tuesday, 4pm in Dehashakti: (Giacomo, Monica—MMA assistants)
- **MMA for adults:** Wednesday, 5:30pm in Dehashakti (Giacomo—International Instructor)
- **K1 for adults:** Friday, 5:30pm in Dehashakti (Ruben—Kickboxing coach)

Be punctual, come in sportswear, short nails, no jewelry.

- For more info please contact [abhaya@auroville.org.in](mailto:abhaya@auroville.org.in) or 9487340778 WA
- <https://www.instagram.com/abhayauroville/>

Giacomo



## *Bioregion Activities*

### UNVEILING THE BEAUTY OF THEVARAM

#### Day 2. Visit to Arapaleeswarar Temple

A Spiritual Journey through Three Temples  
near Auroville

#### Sri Aurobindo's Enduring Influence

Sri Aurobindo, the visionary founder of Auroville, recognized the immense significance of the language Tamil and the profound spiritual gift India offers to the world. His writings, particularly his Fourth Dream and The Renaissance of India, illuminate the power of this devotional poetry and its potential to shape a society rooted in spiritual philosophies.



Sri Aurobindo's admiration for the poetic works of Tamil saints, including the Alvars and Nayanmars, is well documented in several of his seminal works:

- **Secrets of the Veda:** explores the significance of temple architecture as signs of cosmic significance, highlighting the deep connection between language, spirituality, and artistic expression in India's heritage.
- **The Renaissance of India** delves into the essence of India's cultural heritage, emphasizing the crucial role Tamil literature played in shaping the nation's philosophical and spiritual identity.
- **Foundation of Indian Culture** emphasizes the importance of understanding India's strength, which is well-preserved in its literary treasures, with Tamil holding a place of particular importance.

Sri Aurobindo envisioned a renewal encompassing all aspects of Indian life and culture, drawing inspiration from this rich heritage. He believed that rediscovering this strength, including the profound wisdom enshrined in Tamil literature, was key to India reclaiming its position as a leader on the world stage.

- **Embark on a unique pilgrimage to explore the rich heritage of Tamil Bhakti literature!**

The Tamil Koodal Program Team, in partnership with Central Institute of Classical Tamil, Chennai & Puduvai Museum—Puducherry, invites you to a special series titled 'Unveiling the Beauty of Thevaram,' a spiritual journey through three Thevaram Thirumutruthalams (temples associated with the poems) near Auroville in Vanur Mandalam.

#### A Heartfelt Thank You

We would like to express our deepest gratitude to all the participants who joined us on our first exploratory journey to the Irumbai temple on March 16th. The day was filled with insightful discussions and a delightful experience of knowledge sharing. We are truly grateful for your enthusiasm and active participation.

#### What is Thevaram?

Thevaram, meaning 'garland' in Tamil, is a collection of devotional poems dedicated to Lord Shiva and Shakti, revered in Shaivism. Composed by the three renowned poet-saints Thirugnana Sambandar, Tirunavukkarasar, and Sundarar between the 6th and 8th centuries CE, Thevaram forms the bedrock of Tamil Bhakti literature.

#### Why join us?

- Delve into the history of these ancient temples and their connection to Thevaram.
- Experience the timeless beauty of Tamil Bhakti firsthand through lectures, discussions, and temple visits. Learn from renowned scholars and explore the profound language and imagery of Thevaram.

- The Pilgrimage Continues. Join us for the next leg of our enriching exploration of Thevaram!
- Introducing Our Esteemed Speaker: Prof. P. Marudanayagam
- We are honored to have Prof. P. Marudanayagam, a renowned scholar of Tamil literature and culture, as our guide for this enlightening journey.
- Formerly Chairman of the Department of English at Pondicherry University
- Presently a Fellow at the Central Institute of Classical Tamil, Chennai
- Holds three M.A.s and two Ph.D.s, including a D.Litt. for his research on Tamil literature

**Prof. Marudanayagam's** vast knowledge encompasses not only ancient Tamil texts but also Western literary theory and criticism. His prolific career has resulted in the publication of nearly 300 articles in American and Indian journals, along with 19 books in Tamil and 11 in English. He has further enriched Tamil literary scholarship through his translations, including the entire *Purāṇāṇūru* collection and selections from other Sangam poems. His translations also extend to modern poets like Bharati, Bharatidasan, and Sirpi. Prof. Marudanayagam's passion for Tamil literature has transcended geographical boundaries. He has delivered lectures on ancient Tamil texts throughout India and abroad, sharing his expertise with audiences across the globe.

#### A Gift for the Soul

We are offering this event as a service to the Divine within each one of us. This program is completely free of cost, and no contributions are expected from the participants. All are most welcome to join us on this spiritual journey.

#### Next Pilgrimage

- 23 March, 2—7pm, half-day
- [Program agenda can be accessed here](#)
- **Starting Point:** Unity Pavilion

The program will begin with a bilingual introductory lecture by Prof. Marudanayagam. Following the lecture, we will depart for the Thiruarasili Temple (Olinthiampettai) in two buses for a guided tour and exploration.

- For registration and any inquiries, please contact:  
[tamil@auroville.org.in](mailto:tamil@auroville.org.in) / +91 94866 23273

Sivakumar



#### Agri Holidayism

Experience and Enjoy visiting working farms or other agricultural operations for the purpose of recreation and active connection with one's rural agricultural roots.



#### Arts and Crafts Workshops

Join us, art and craft enthusiasts to learn from all the village artists and craftsmen who have been practicing and teaching to one and all



- Pottery workshop
- Finger Painting
- Thread Art

#### Cooking Class

- **Adupankarai Cooking Experience**

Learn to make Tamil Traditional food with our Akka Cuisine—Only Veg Dishes



- **Every Thursday, Saturday and Sunday, 10am—12:30pm**



## Fireside Drumming

The Power of The Healing Drum Circle When you gather people in a circle around a fire and add the rhythmic beat of the drum, the result is the perfect environment to develop social bonds. Learn how to use these community-building tools for the healing drum circle.

## Musical Instruments Workshop

Tune into the joy of music through the journey of creating your own instrument and the delight of playing it and feeling contentment.

- Nut Shell Shaker
- Bamboo Tongue Drum
- Nose Whistle
- Bamboo Scraper
- Coconut Shell Shaker



## Sound Healing

It's an ancient wellness practice for healing, relaxation, and self-care everything is vibration, everything is frequency, aura and energy, re-live your stress, let go of anxiety, release your fears, heal your traumas



## Tours

- **Explorative Educational Experience**

Experience Auroville and travel through its cultural consciousness. It's art and crafts, Units and Activity.

- **Township Cycle Tour**

Learn about the Four Zones and Green Belt each focussed on important aspects of the township life.



- **Bioregion Village Tour**

Take a break from your city life and dig deep into the heart of rural villages around Auroville, where a land of history and culture can be experienced.

For Enlight team, Arun, Anand and Balaji  
+91 9159468946, +91 8270071581  
[enlight@auroville.org.in](mailto:enlight@auroville.org.in)

## MOHANAM

### Conscious and Cultural Tour, Workshops & Therapy

Auroville Northwest Experience

Auroville Bio region hub for art, craft and culture to bridge and promote Local Tamil culture

March 2024



## Tours

**Auroville Northwest Experience**

**Auroville Northwest Tour**

Date and Time: Every day 10.30 am to 1 pm (Except Sunday)

**Mohanam Campus Tour**

Timing: 10 am-4 pm  
Day: Everyday, Except Sundays

- Every day, 10:30am to 1pm, Except Sunday

This tour is designed for the audience to make them more aware about the beauty and richness of our culture, tradition and our heritage in this north-west zone of Auroville. Also, this is a must take walk to understand the inspiring stories of various entrepreneurship units and the way they are carrying forward our age-old traditions with modern techniques.

- **Mohanam Campus Tour**

- Every day, 10am to 4pm, Except Sunday

Come and visit Mohanam Village Heritage centre to explore the taste of Tamil culture, bamboo experiential farm, bio region art and craft centre, Lively one village boutique with products by bio region village artisans, Saree & veshti library, herbal tea.

- **All above Tours** One Day Advance booking is necessary
- Contact: preferred [mohanamprogram@auroville.org.in](mailto:mohanamprogram@auroville.org.in),
- +91 8300949081, 10am—4pm every day except Sundays

## Make and Take Workshop



Join and Experience the learning aspect of engaging in arts and Craft Workshop, Manifest your inner self through various materials and form using creative technique.

Pottery making	1hrs
Kolam Mandala Painting	2hrs
Coconut shell craft	3hrs
Incense Making	1—1/2 hrs
Lampshade Making	3hrs
Paper Marbling	1 hrs
Candle making	1—1/2 hrs
Soap making	2hrs or 1 day

**Daily:** Make and Take, Hands-on Workshops at Bio region Art & Craft Centre (Mohanam, Cross Cultural Experiences and Educational Tours located in Mohanam campus)

All above workshops one day Advance booking is necessary.

- **Contact:** preferred [mohanamprogram@auroville.org.in](mailto:mohanamprogram@auroville.org.in),
- or call: +91 8300949081, 10am—4pm every day except Sundays

## Classes and Therapies:

Mohanam offer a variety of classes, and therapies, where participants can explore the classes and therapies.

- **Cooking Class**

- 10am—12:30pm, Every Saturday

Learn how to cook traditional South Indian food and snacks with this cooking class. You'll start your experience by choosing what you want to make from around 10 different dishes, with lots of vegetarian options available.

## • Saree and Vesti Experience

◦ 10am—4pm, Every Saturday

Choose a saree and Vesti from a variety of beautiful saree and Vashti in our library, get your traditional south Indian look with help of our women's group members will assist you to drape / wear the saree & Vashti. You can ask us for a photoshoot as an add on, south Indian style makeover—choose between kolam & cooking for an inclusive traditional

## • Tamil Siddhars Ongara: Five Elements Yantra Chanting Therapies with Anandou

◦ 11am—12pm, every Thursday

Harmonizing the spirit with ancient wisdom: Begin on a transformative journey through Tamil Siddhars Ongara—Five Elements Yantra Chanting Therapies

## • Circle of Conversations & Dialogue with Prop. Sehdev Kumar

◦ 11am—12pm, Every Sunday

Fear, Forgiveness, Peace, Love, Hope, Redemption, Spiritual Journey & Everything under the Sun Every Question is a Part of the Spiritual Quest.

## • Indo African Drumming Circle with Mohanam Youth

◦ Every Thursday, 6—7:30pm

Enjoy the evening with blissful fusion of instrumental music, freestyle dancing and traditional drumming with campfire, accompanied by traditional Tamil dishes. (with basic Contribution from each participant)

All above workshops one day Advance booking is necessary.

- Contact: preferred [mohanamprogram@auroville.org.in](mailto:mohanamprogram@auroville.org.in),
- or call: +91 8300949081

## Auroville Bioregion Experience with Mohanam Team

Village Tour	3hrs
Munnur & Perumukkal visit	6hrs
Salt Dune & Kaluveli Tank Visit	6hrs
Bio-region Village Temple Tour (Irumbai Shiva Temple & Panchavadi Hanuman Temple)	4hrs
Navagraha Temple visit (Moratandi Navagraha Temple & Prithyangara Temple)	3hrs
Wood Fossil Visit and Quarry Shower	6hrs

- All above Activities one day advance booking is necessary
- Contact: preferred [mohanamprogram@auroville.org.in](mailto:mohanamprogram@auroville.org.in),
- or call: +91 8300949081, 10am—4pm every day except Sundays

## Auroville Sunday Tour & Brunch Experience

To unlock the full potential of youth and women through art, craft, culture and traditional knowledge. By connecting the local villages to the international community and reconnecting the locals to their traditional knowledge.

**Experience the Following Activities:** Mohanam Campus Tour, Bamboo Sound Garden, Bamboo Tour, Tree House Experience and Special Steams Brunch

- One Day Advance booking is necessary
- Contact: preferred [mohanamprogram@auroville.org.in](mailto:mohanamprogram@auroville.org.in),
- or call: +91 8300949081, 10am—1pm every day except Sundays

## Mohanam School of Art & Music activities



## Classes available for Kids 5 to 15 years old

Classes	Day and Time
Western Dance	Sunday, 10—11am
Indo African Djembe Class	Sunday, 11am—12pm
Folk Dance	Sunday, 12—1pm

For more information, contact us

- Email: [mohanamprogram@auroville.org.in](mailto:mohanamprogram@auroville.org.in)
- Phone: +91 8300949081

## Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services, Aurunachala—Auroville Tour, Retreat space, Camping, Temple visit, Ashram, Girivalam Full Moon Experience.

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening / spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

For more information, contact us

- Email: [mohanamprogram@auroville.org.in](mailto:mohanamprogram@auroville.org.in)
- Phone: +91 8300949081

Guru, for Mohanam

## AUROVILLE BAMBOO CENTRE



## March Program 2024

## Bamboo Centre Campus Tour

Bamboo centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.

- 11am—12:30pm, 2:30pm—4:30pm
- Every day except Sunday
- Registration: One day in advance.



## Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch

- 11:30am—12:30pm, Every Saturday
- Registration: One day in advance.

## Training and workshop

Bicycle	Furniture	Lampshade	Giraffe
MONDAY TO SATURDAY 09:00AM TO 05:00PM - 1 DAY			



The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.



Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

- **Contacts:**
    - email [bambooworkshop@auroville.org.in](mailto:bambooworkshop@auroville.org.in)
    - or [bamboocentre@auroville.org](mailto:bamboocentre@auroville.org)
  - or 0413 2623806, 2964727, +91 8300949081
  - Flexible training dates offered to groups
  - Contact: Voice call and WA: 8300949081
- [www.aurovillebamboocentre.org](http://www.aurovillebamboocentre.org),  
Murugan

### EGAI: ART OF GIVING



+91 9791896488 WA /0413 2963034  
@ Egai, Isaiambalam



- Every Saturday, 2—4:30pm
- One Day Prior Booking Required
- +91 9791896488 WA 0413-2963034
- @ Egai, Isaiambalam

- Wednesday to Saturday, 3—4:15pm
- One Day Prior Booking Required
- +91 9791896488 WA 0413-2963034
- @ Egai, Isaiambalam

### Cooking class



Egai is giving you an experience to explore village cooking methods of the ethnic coconut based cuisine cooked in traditional ecofriendly vessels.

- 1day pre-booking need to be done
- Every Saturday: Morning & Afternoon

- [egai@auroville.org.in](mailto:egai@auroville.org.in), [www.egai.co.in](http://www.egai.co.in)
- 9629297514 / 9791896488

Submitted by Arun

## Nature Activities

### CONSCIOUS NATURE IMMERSION AT MAHAKALI PARK

Every Wednesday and Sunday 7am

MahaKali Park is one of the 4 parks of Auroville, which is developed as a place for holistic awareness and self-development through nature. We guide you into an educational and meditative walk in the forest. The historical experience of green spaces in the specific context of Auroville have led to a unique understanding of holistic ecology. Providing a space for a direct connection with the organic 'Web of Life' brings, in turn, insights for our self-study and yoga of work.

- **Contribution** accepted for the management of the site.
- Be adequately clad to prevent mosquito bites. You may also carry mosquito repellents.
- **Meeting point** at Revelation's main gate 5-10 min before the time of the session (Search for 'Revelation Forest' on Google Maps)
- **Contact:** +919500183706, Arun +918349917282, Rahul. Better to confirm your venue by one WA message, especially if it rains
- We also do custom programs, training and healing sessions on prior demands.

*Please note: The park is not yet accessible without our supervision, thank you for your understanding!*

- Gmap link: Revelation forest Auroville



Arun

**Let's walk**  
7:30am to 8:30am (8:45am max)  
ONLY TWO REMAINING EDIBLE WEED WALKS ON SATURDAYS IN MARCH  
**March 23, 30**  
**Registration required**  
**(max 10 in a walk)**

Commelina benghalensis  
காঁசரா, ஆடு தின்னா தளை

Page 22 in Edible Weeds book

Scan to purchase the book

Contribution :  
Rs. 500/person (for all).  
Rs.350/person for  
Aurovilian and  
SAVI-registered

Edible Weed Walk @ NinaS

We are right on the last month of the Edible Weed Walk season. We have only 2 walks remaining for this season. They are on Saturdays 23 and 30 March 2024, at 7:30am as usual. To join you would need to pre-register. On Saturdays the walk will be at an easily accessible location within Auroville. It will be guided along with the Edible Weeds coloring book. If you don't have a copy of the book, you will be able to borrow one during the walk.

See the details in the picture.

- 98409 36907 WA to register!

Nina





**FOOD FOREST TOUR**

I welcome you to a tour through my permaculture garden!  
We will take a look at local foods and you will get an idea on how to start growing your own food.  
Come and connect with nature and learn about healthy and sustainable food options

This tour includes a **MINI-RAW-FOOD-WORKSHOP** where we will harvest herbs, fruits and flowers to prepare some delicious

**VEGAN ICE CREAMS** and more...

**EVERY SUNDAY from 9:30 to 11:30**  
at La Ferme Community (5min from AV Bakery)  
for groups of min 5 people it can happen any day of the week

Sign up and infos whats app Sarah 9047421044  
myfoodforestgarden@gmail.com  
myfoodforestinfo.wordpress.com  
www.youtube.com/myfoodforest

## Honorary Voluntary

### MARTUVAM

#### Is Looking For Website Designer

We need volunteer who knows about website designing and posting, our work about is introduction to Natural healing herbal plants,

If any body is interested please contact

- Martuvam, 9345454232,  
[martuvam@auroville.org.in](mailto:martuvam@auroville.org.in)

Thank you, Sivaraj



### WELLPAPER NEEDS A VOLUNTEER



Wellpaper needs a Volunteer for doing physical work in the garden, for art sculpture installation.

- You can contact us 9385744722.

Viji for Wellpaper

### GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

[sadhanaforest@auroville.org.in](mailto:sadhanaforest@auroville.org.in),  
8525038274WA or call 8122274924

Looking forward to welcoming you!  
The Sadhana Forest team, Shek

## Work Opportunities

### DONATION CHANNELING GROUP

#### Seeks Executives to Implement Approved Process

Dear Friends, DCG needs a few executives to implement the DCG Process approved by the Governing Board. Presently we will do it manually and later on with the help of the portal / software. It involves normal computer proficiency, mostly in Excel and Word.

- It is a full time commitment.  
Full time maintenance is available.

The names of suitable persons will be given to the FAMC who will make the decision.

- We also need some members who can work part-time also.
- Please write to [dccg@auroville.org.in](mailto:dccg@auroville.org.in)

Naren & Sandeep for DCG team

## Animal Care

### CANINE CARE CAMP

26 and 27 March, 10am—3pm @ the Shelter

The Auroville Dog Shelter seeks volunteers for the first-ever Canine Care Camp, with the honorable Dean of RIVER College, Pondicherry, on 26 and 27 March, from 10am—3pm at the shelter. Thanks to grants from the Animal Welfare Board



of India and the Department of Animal Husbandry, we'll be microchipping, deworming, and vaccinating our dogs, capturing their pictures for our new website, and equipping them with personalized dog tags and reflective collars. We need 10 volunteers to assist with dog handling, registration, database management, and organization. Volunteers will enjoy a complimentary lunch buffet and refreshments.

- To sign up, please send a WA message to Arthur at 812225266.



Auroville Dog Shelter

# Canine Care Camp

support us on our big Canine Care Camp to get all of our dogs microchipped, vaccinated, dewormed, take their picture and give them beside new collars and name tags, lots of love!

**REACH US**

Auroville dog shelter,  
Edayanchavadi Rd,  
Auroville,  
Tamil Nadu. 605101

+91 81222 25266  
ARTHUR  
(Whatsapp only)

### Job Offer

- Full maintenance position offered!

Are you an Aurovilian or a Newcomer with a deep love for animals? Join our team at the Auroville Dog Shelter! We're seeking a compassionate individual to take on the responsibility of caring for nearly 300 dogs. This full-time role requires a commitment of five days a week from 9am—5pm.

Alternatively it's possible to split a maintenance between two people. You must have a talent for organization and be able to work in a team.

This isn't just a job; it's the real yoga of work. Understanding its demands, we offer a one-month voluntary trial period before a one-year commitment.

- Contact Arthur at +91812225266 WA



## Dr. V. Sejian—honored Guest for the Inauguration of the Construction of New AV Dog Shelter



**The team of the Auroville Dog Shelter is delighted to extend a special invitation to**

**Dr.V.Sejian**  
M.V.Sc, Ph.D., Post Doc (USA, Australia)  
(Dean, RIVER, Puducherry)

**to serve as guest of honour for the inauguration of the construction of the new Auroville Dog Shelter. The ceremony will take place on March 26th at 8.00 am at the new Auroville Dog Shelter.**

Joseba Martinez (Executive), Tine Neuman (Executive)  
Mar (Executive), Arthur (Manager)

**Thanks!**

Auroville Dog Shelter,  
Edayanchavadi Rd,  
Auroville,  
Tamil Nadu 605101.



Auroville Dog Shelter Location

AurovilleDogShelter@auroville.org.in @auroville.dogs

The Auroville Dog Shelter is honored to invite every dog lover and supporter of the shelter to the inauguration ceremony of the construction of the new **Auroville Dog Shelter (beside Red Earth Riding School) on 26 March, 8am.**

Arthur for Auroville Dog Shelter

### CENTER ASKS STATES To Ban Ferocious Dogs

Due to representations from various citizens, citizen forums and Animal Welfare Organizations including PETA (People for the Ethical Treatment of Animals) etc. to ban keeping certain breeds of dogs as pets and an order from the High Court of Delhi on a Public Interest Litigation praying 'to ban and cancel the licence to keep dangerous dogs such as Pitbull, Terriers, American Bulldog, Rottweiler, Japanese Tosa, Bandog (Bandog is a cross between American Pit Bull Terrier or American Bulldog and a Neapolitan Mastiff or a Mastiff), Neapolitan Mastiff, Wolf Dog, Boerboel, Presa Canario, Fila Brasileiro, Tosa Inu, Cane Corso, Dogo Argentino and the cross breeds of the above-mentioned dogs', on which the Court on 06.12.2023 directed 'that after consulting all stakeholders, the Union Govt of India shall decide petitioner's representation dated 05.10.2023 as expeditiously as possible, preferably, within 3 months', the Department of Animal Husbandry and Dairying, Govt. of India constituted an Expert Committee under the Chairmanship of Animal husbandry Commissioner with members from various stakeholder organizations and experts.

The Committee identified the following breeds of dogs as ferocious which are dangerous for human life: breeds (including mixed and cross breeds) like Pitbull Terrier, Tosa

French Mastiff  
Dogue de Bordeaux



Inu, American Staffordshire Terrier, Fila Brasileiro, Dogo Argentino, American Bulldog, Boerboel, Kangal, Central Asian Shepherd Dog (ovcharka), Caucasian Shepherd Dog (ovcharka), South Russian Shepherd Dog (ovcharka), Tornjak, Sarplaninac, Japanese Tosa and Akita, Mastiffs (boerbulls), Rottweiler, Terriers, Rhodesian Ridgeback, Wolf dogs, Canario, Akbash dog, Moscow Guard dog Cane corso and every dog of the type commonly known as a Ban Dog (or Bandog).

In a letter dated 12 March 2024, addressed to all the states and union territory governments, referring to the above developments, the Joint Secretary of the Ministry Dr. O.P. Chaudhary requested that the local bodies and Department of Animal Husbandry shall not issue any license or permit for sale of the dog breeds as recommended by the committee and that the keeping of these dog breeds shall be banned. The dogs which are already kept as pets shall be sterilized so that further breeding may not happen.

'People for the Ethical Treatment of Animals (PETA) India commended the Centre for taking this step to safeguard vulnerable dog breeds commonly exploited by criminal elements of society for illegal dog fighting as well as children and elderly citizens who are wounded and even killed by specific types of dogs that are manipulated and trained to consider other living beings 'prey'.

'This order is key towards providing vital protection to both humans and dogs and sends a strong and clear message that Pitbulls and other such breeds are bred to be used as weapons. Pitbulls and related breeds are the most commonly abandoned dogs in India, and this action can prevent a great deal of suffering', Shaurya Agarwal, PETA India Advocacy Associate said.

### Sources

- [NDTV: Centre Asks States To Ban 23 Breeds Of 'Ferocious' Dogs...](#)
- [Times of India: Centre acts to prohibit foreign dog breeds...](#)
- [Website of the High Court of Delhi](#)

Sincerely, Jothi Charles,  
Promesse

*Available*

### Office Space Available

Office Space inside Auromode Premises with Superb infrastructure including Generator back up, 24 hours Security Services, Aqua Dyn drinking water, Car & Bike Parking, Restaurant and Hive A Co Working Place.

Interested People may contact Mr.Pandian at Auromode in person: +91 99433 90391 or [pandian@auroville.org.in](mailto:pandian@auroville.org.in)

Best Regards, Pandian

### Electric Scooter Available

Our electric three-wheeled scooter is available at the end of March. In very good condition with low mileage.

- 8111016280 Lize de la Rouviere



*Looking For*

### Left Over Paint

Dear readers, any left over water base paint for walls or art. The more colors the better. Please contact Wellpaper 9385744722.

Zeivic



## Looking for Work

Aurovilian Valarmathi has been taking care of a house and garden for many years. She speaks English well and is now looking for a work place/ job, preferably in the public/ collective domain. For more information, and in case you could offer Valarmathi a workplace please contact her or husband Arumugam: [valarmathydamu@gmail.com](mailto:valarmathydamu@gmail.com), Tel/ WA +91 8903170346, Arumugam, Puncture Service +91 94423 00346



Shivaya

## Help Needed

### IMPORTANT UPDATE ON TALAM PAY!

Dear Friends, I'm Shankardevy from Talam. I'm writing to you for an important update regarding Talam Pay and I seek your support.

Talam Pay, one of the 25+ services developed and managed by Talam, is currently catering to 400+ units/activities. In terms of volume of payments, Talam Pay is processing payments of Rs.1 Crore (10 million) plus every month. Apart from these payments, Talam Pay also processes all online donations to Auroville.

At Talam, our experiment is about seeing practical ways of realizing Mother's Dream. So we offer our work as service to the community in the spirit of Mother's 'Dream' (in practical terms without service fee) and see how we can take care of the community needs and how the community can respond to this care. (It's not an easy experiment but a worthy experiment and the experiment has transformed me personally to who I'm today. Someday, I will write about this experience as a separate topic.)

Running Talam Pay, however, costs money from the day it was conceived as an idea, irrespective of how it was done in the spirit of Mother's Dream. We had been able to offer Talam Pay without demanding service fee because of several things: the Divine grace our team's low foot print on expenses and extended work hours (several times clocking 50-60 hrs a week) general donation offered to Talam by one well wisher and my personal donations both monetary and in-kind.

It's been almost 7 years since we started exploring several tech solutions and banking partners to provide Talam Pay service to the community. It's been 3 years, 2 months since we started processing our first payment. Now we are running out of funds. We also approached a few bodies in Auroville but we were told they couldn't support us. If each of us using Talam Pay (and those not using Talam Pay but still would like to support our service) could make a monthly contribution, it would help us continue this service. So I reach out to you personally to see how much you can contribute to us monthly.

- Please fill in this Google form to indicate your monthly contribution: <https://forms.gle/KkaZKpRoLUQC53xU8>

If at this point, if we are not getting reasonable support from the community, we will consider it as a service not so useful to the community that is worth supporting and we will be forced to close this service by 31st March due to financial and Human Resource constraints.

However, if we receive support from a majority of our community members, we will continue providing the service, work on improving Talam Pay infrastructure and features and would also work on bringing in QR based donations — a most requested feature from the community. All these depend on how the community decides to support Talam Pay. Quoting from our welcome email to every new Talam Pay account holder:

What is the reasonable contribution for Talam Pay?

Thank you for asking. For most services in the world outside, 'reasonable' might mean how much a competitor providing similar service charges for or an average market value. At Talam, we believe 'reasonable contribution' is a mix of several aspects involving both of us:

You can choose an amount that feels right to you considering our financial means. The value Talam Pay provides to your work. The money you save in one time setup fee, annual maintenance fee, transaction fee and in operational cost. What represents a gesture of commitment that you will continue using this service without abandoning it because you never paid for it. Your desire to support our continued work at Talam in this spirit of community service. Your desire to offset for people who use this service but unable to contribute. If your financial means are limited, then you can choose a token amount or even zero. In case you feel uncomfortable about contributing zero, we want you to know that we hold no negative judgment about that. We welcome everyone regardless of ability or willingness to contribute. Regardless of the amount you choose, you will have the same privileges and access to Talam Pay as everyone else. We are not trying to draw you in to upsell you into a 'premium service.' This IS the premium service! Welcome!

- Google form for your monthly contribution is here: <https://forms.gle/KkaZKpRoLUQC53xU8>

I will provide an update on Talam Pay by 15 March based on the support received. Thank you very much! Looking forward to your support!

PS: I take this opportunity to thank two Auroville entities who have recognised the spirit of our work and have been supporting us with a monthly contribution: Purnam and AVArts/TaiChi. Both of them had contributed Rs.4000 and Rs.150 every month respectively. Talam thanks them sincerely for this support.



Scan to Contribute  
Shankardevy

## FOR EMERGENCY Dental Procedure

Hello dear Auroville friends, my name is Ingrid and I've been living and working in the Auroville forest since 1973. I have an emergency dental procedure coming up that the health fund does not cover. My family is able to come up with some of the amount but the total cost will be around ₹60,000/- and I'm still missing about half of it.

If anyone can help, even the smallest amount will make a difference and will be very appreciated in these difficult times!

Here is my Auroville account number: FS 3981

Thank you so much! Ingrid

## Taxi Share

### To Chennai Airport, 26 March, 9pm

Taxi Sharing to Chennai Airport on 26 March. Leaving from Auroville at 9pm and coming back around 1am (27 March). Contact 7397607345, [chandra@auroville.org.in](mailto:chandra@auroville.org.in)



Chandra

### To Chennai Airport, Tuesday, 9 April, 5:30pm

To stay ECO friendly I am very willing to share a taxi from Auroville to Chennai airport on Tuesday, 9 April. Departure from Auroville Town Hall at 5:30pm (17:30).



- Please contact +34685673777 WA or [srimga221@gmail.com](mailto:srimga221@gmail.com) or +917289907792 only SMS. Sunny





Taste of Yoga offers a simple, quiet space to read, reflect and nourish oneself. Delicious healthful snacks, treats & drinks (all free from animal products, gluten, caffeine, and added sugars) have been designed with utmost care, integrating sattvic principles to promote overall wellbeing. *Kathir*



12:30 on Thursdays and Fridays

Our Community Lunches Are Still Happening During The Summer!

- Contact Serena on WA to book one day in advance: +91 84897 60966
- Contribution required (discount for AV/ NC and Volunteers)

See you at 12:30 on Thursdays and Fridays in our community kitchen! *Mathilde for the Anitya team*

### COMPUTER & NETWORKING

I am Ramakrishnan Aurovillian experienced in Computer & Networking for 8+ years and gained more knowledge in creating-on new Fiber internet infrastructure and IT troubleshooting work for our Auroville community since 2015. And I am happy to provide the below services to our Auroville community

- Computer & Laptop—Sales & Repairing
- Ups Battery & Inverter—Sales & Repairing
- Cctv Camera Installation—Sales & Repairing
- Printer Sales & Repairing
- Printer Toner Refilling
- Routers And Modems Sale & Repairing
- Fibre Optics Cable Splicing—Sales & Servicing

Please feel free to contact Ramakrishnan:

- 9943919899, [ramkrishna@auroville.org.in](mailto:ramkrishna@auroville.org.in), Ramakrishnan

### DROPZY

Dropzy is a multipurpose mobile app platform for ordering and accessing information from a wide range of in and around Auroville eateries, grocers, bakers, farms, therapists, professionals etc and has partnered with ITS (Integrated Transport Service) whose delivery personnel will pick up the orders from the outlets/stores and deliver them to the customers at their doorsteps

Kindly do download the mobile app to register yourself to place orders supporting the outlets in and around Auroville and to find out relevant information to your needs.

- Download link as shown below

- Android <https://rb.ghttps://rb.g/32zcixy/32zcix>
- iPhone <https://rb.g/visp4c>
- Desktop <https://rb.g/bpnud5>



Android



iPhone



Desktop

Stay tuned in to our announcements and the app regularly, for more updates.

*Sathish Arumugam For Dropzy*

+91 8098144686, [www.dropzy.in](http://www.dropzy.in)

### RAPID CARE SERVICES

Dear Residents, we are happy to announce that Rapid Care Services have successfully completed one year. We began operations in December 2022. We take this opportunity to thank all the people who believed in us. Reach out to us for any enquiries that need our assistance in home and yard work. Look forward to your continued use of our services in the future.



Category	Service
Metal Works	Channels , Doors , Piping , Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works
General Maintenance	Floor Waxing, Powder Coating, Fumigation, All Home Utilities
Installations	Washer and Dryer, Air Conditioner, Inverter, Dth, Security Camera
Electrical Works	Wring, Metre box, Lights, Switches & Sockets, Motion sensor.

- Contact: + 91 8270071581/ +91 7639810621

- Primary Email: [rapidcare@auroville.org.in](mailto:rapidcare@auroville.org.in)
- Secondary Email: [rcsrapidcareservice@gmail.com](mailto:rcsrapidcareservice@gmail.com)
- Instagram handle: @rapidcare1

*For Rapid Care, Balaji & Arun*

### NEW WAVES

Offering PCB Assembly and appliance repairs at Aurelec.

If you have any requirements, please contact Dhanda

- Office Landline 0413 262295
- 9443090082/ 8098193820
- [newwaves@auroville.org.in](mailto:newwaves@auroville.org.in), [newwavesauroville@gmail.com](mailto:newwavesauroville@gmail.com)



- Office open afternoons only Monday to Saturday at 2—5pm

*Submitted by Dhanda*

## FREE STORE OPENING TIMES

### Morning hours:

- Monday to Saturday:  
8:30am—1pm

### Afternoon hours:

- Tuesday and Thursday:  
2:30—4:30pm

We kindly request that you bring clean, washed, and usable clothes for exchange at the Freestore. Your cooperation in this regard would be greatly appreciated.

*Kamala for Free Store Team*



## RUPAVATHI JOY ACTIVITIES

### Bio-Region Temple Tour

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen.

- Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.

### South-Indian Cuisine—Cooking Class

Learn to cook some delicious delicacies of south India with Rupavathi.

- Monday to Saturday, 10am—5pm @ Creativity.  
Please book sessions in advance.

### Thai Massage

- Monday—Saturday, 9am—5pm

To book massage sessions or for more information, please contact me personally.

### Tailoring

We can tailor and customize any kinds of dresses, saris, blouses and kurtas.

- For any of the above services, contact  
Phone/WA 8098845200, [rupavathijoy@gmail.com](mailto:rupavathijoy@gmail.com)

*Rupavathi Joy*

## VĒLAI CRAFT SPACE



**VĒLAI CRAFT SPACE**

Artisans and craftsmen working with us and growing themselves and their skill












We are offering fully furnished machine shop as per your needs. We also provide product marketing and customer management services.

**Velai Creaft Space:** Artisans and craftsmen working with us and growing themselves and their skill We are offering fully furnished machine shops as per your needs. We also provide product marketing and customer management services.

- [egai@auroville.org.in](mailto:egai@auroville.org.in), 9791896488

*Anand*

## LATEST NEWS

### from Inside India Travel Shop

Mr. Ganesh our Travel Consultant will be at our Kalpana office from 10am till 4pm, Landline 2623030 Monday to Friday. Saturdays only on appointment. He can also be contacted anytime via cell phone or by +91 9894598686, and by mail [travelshop@inside-india.com](mailto:travelshop@inside-india.com)



### Some current offers:

- Kuwait Airways** offer fares from Chennai to Rome.
- Emirates** special fare from Chennai to Milan.
- Oman** airways offers fares from Chennai to Paris, London, Munich, Frankfurt and Milan.
- Qatar Airways** partnership with Deutsche Bahn (the national railway company of Germany) means connecting from Frankfurt airport by train to 15 cities across Germany, and an additional one in Switzerland.
- Gulf** airways special fare from Chennai to Milan
- Etihad** airways special fare is available from Chennai to Frankfurt, Paris, Milan.
- Kuwait** airways offers are available from Chennai to Athens, Istanbul.
- Malaysian** airway has special fares from Chennai to Seoul.
- Air Vistara** offers fare from Chennai to Paris.

Several travelers were 'boarding denied' as check-in staff didn't accept the e-FRRO Stay Visa as valid document without backing it up with additional documentation. Therefore we advise to take beside the Stay Visa document (please make sure your current Passport details are intact) your Original Visa, which is maybe in an older expired Passport. If not available any more, take at least a photocopy of the original Visa.

*Submitted by Joster*

## Poetry

### THE MAGIC MOMENT

That magic moment  
Is gone.

I stubbornly search  
In the storage  
Of memory

Only to find  
Scattered snapshots  
And flying dust.

*With joyful Gratitude, Anandi Z.*

### IN BETWEEN

In between a place and candy is a narrow foot-path that shows more mounting than anything, so much really that a calling meaning a bolster measured a whole thing with that. A virgin a whole virgin is judged made and so between curves and outlines and real seasons and more out glasses and a perfectly unprecedented arrangement between old ladies and mild colds there is no satinwood shining.

*Gertrude Stein*



## AUROVILLE RADIO



Dear Aurovilians, your favorite radio is always working for you. Stay tuned!

[Here you can listen](#) to the stream channel (playing 24/7).

[Here you can see](#) on-air schedules.

### Last published podcasts

- [Seeking Our Inner Being Se. 1, Ep. 11.](#) (Spirituality)
- [Soul Tracks Se. 5, Ep. 22—Same Same, but Different.](#) (Music)
- [La Vita Divina Ep. 43. Libro li—Cap. V Parte I—L'illusione cosmica; Mente, Sogno e Allucinazione](#) (Sri Aurobindo)

### Last Youtube live video

- [Nate Hagens—The Superorganism and the Future—Part 4/5](#)
- [Nate Hagens—A Framework of Responses—Part 5/5](#)

Auroville Radio Tv is maintained and supported with the help of a small town budget and voluntary donations. If you as Aurovilian wish, **make a donation to F.A. number 0867**. Thanks for your help!

...and more! on [www.aurovillerradio.org](http://www.aurovillerradio.org).

For more information write to [radio@auroville.org.in](mailto:radio@auroville.org.in)

**Peace and love**

Wobbli

## ASTROLOGY AND AYURVEDA

One famous Armenian astronomer Ambarzumyan was asked: why did he start his profession? He answered that a human being differs from a pig because he can raise his head and to see the stars.



According to astrology celestial bodies have influence on people's lives. But maybe planets and constellations depend on us? Why not? Pourquoi pas? Warum nicht? Everything interacts with everything.

Once on a beach I met a western family: a mother with two daughters. I asked: 'what country are you from?' the mother said: 'We are from France.' 'But I am from Russia.' 'Oh, you speak Russian?'—'Yes.' Mother is Ukrainian, she speaks Russian nicely. Her husband was French. One of her daughters had diabetes and French doctors used insulin. On the Internet she knew: in India doctors don't use insulin for diabetics. For one month they lived in an ayurvedic center not far from Aspiration community. Doctor used ayurvedic diet without insulin.

When they returned to France, the sick girl who liked to eat ice cream again returned to the use of Insulin. Mother told the French doctor about Ayurveda.

The doctor said: 'They are charlatans!' His ignorance was so deep. But knowledge of Astrology, Ayurveda and Numerology is very wide. On the day of judgment the ignorant people will be punished. Extraterrestrial wisdom of Astrology, Ayurveda and Numerology would be eternal.

Boris

## OUR COMMON VISION-GOAL

As I have been in the field of Information and Communications Technology since 1984 and still very much engaged in it, here is my continuing take on Artificial Intelligence (AI)<sup>1</sup> which I find quite an interesting development in the Lila, this Divine Cosmic Play, and in the context of being a conscious participant in the Auroville of the Supramental Avatars Sri Aurobindo and the Mother.

The fact is that AI is coming in hyperfast, whether one likes it or not, and we have enough modern myths in fiction books and films warning of its dangers. Of course anyone is most welcome to go to battle with AI and its proprietors head on with our current limited modality as a human being. No one is stopping anyone. Go for it. Each must play one's unique role fully.

But what we are in Auroville for is to first hasten the advent of the new apex species the Supramental being that will have the Divine Power to change the obviously limited mental animal-human modality that is the core of the problem. Homo sapiens are easy slaves and puppets of adverse and hostile cosmic forces, formidable forces that use other humans and AI and whatever, but are nonetheless parts and parcel of the Lila as secret catalysts of change. Testers and exam-givers if you wish to re-label them. This is based on Sri Aurobindo and the Mother's revelations.<sup>2</sup>

So instead of wasting your time in the painful head-on battles typical of the false-separative mental consciousness, rather see the integrality of the Divine Play of the One unfolding as the All, and focus on with the specific purpose of Auroville. This is why one of the Mother's specific instructions for any aspiring True Aurovilian is:

*'The first necessity is the inner discovery in order to know what one truly is behind social, moral, cultural, racial and hereditary appearances.'*

*At the centre there is a being free, vast and knowing, who awaits our discovery and who ought to become the active centre of our being and our life in Auroville.'*

Of course each one has a unique way of achieving this discovery. My perspective is just one of them. You should be able to understand this if you read my posts on AI very, very carefully, instead of just having a knee-jerk reaction. You cannot stop AI with just that.

We must prepare consciously:

*'The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent. Little by little it will be revealed to us what this new species must be, and meanwhile, the best course is to consecrate oneself entirely to the Divine.'*

Why consecrate oneself entirely to the Divine? Because if not, then when AI is fully unleashed, you as the still limited mental-animal human with a false-separative consciousness will be enslaved, either brutally or as 'happy morons', as Rajiv Malhotra puts it<sup>3</sup>. Freedom in a too mental-animal modality? Forget it...

And so:

*'The only true freedom is the one obtained by union with the Divine. One can unite with the Divine only by mastering one's ego.'*

That's quite specific enough that one must have the Consciousness of the Divine. And what is this Consciousness? It is Oneness. That All is One. All is the Divine. Including AI. What?!

*'It's extremely difficult for the Western mind to comprehend vividly and concretely that ALL is the Divine. It is so impregnated with the Christian spirit, with the idea of a 'Creator'—the creation on one side and God on the other!'*

Same with AI. Some humans on one side and AI and other humans on some other side.

*'In fact, this is what we have said more than fifty thousand times: that all is the Divine and that consequently all is One; that it is only your consciousness which is separated and in a state of unconsciousness because it is separated;*

but that if you remove this unconsciousness and this sense of separation, you become divine.<sup>4</sup>

Of course one must have a True Experience of this Oneness to be more able to move on to the next stage of the Divine Dance, or 'brutal battle' if you insist on the painful ways of going about with the ongoing ever-unfolding Spiritual Evolution of the Divine Oneness and Its Infinite many towards the Life Divine on Earth.

Anyway, as evolution is still evolution, here's the Mother even in 1971 insisting that we must make public Sri Aurobindo's prediction, connected to this technological advancement spearheaded by the West, as follows:

*'Europe prides herself on her practical and scientific organisation and efficiency. I am waiting till her organisation is perfect; then a child shall destroy her.'*<sup>5</sup>

The Supramental Child.<sup>6</sup>

Very intense indeed.

To you as a spiritual being travelling the cosmic worlds life after life who may or may not have forgotten, we say 'Welcome back to Planet Earth, to Bharat Mata the Guru of Nations, and to this City of Dawn of the Supramental Avatars Sri Aurobindo and the Mother.'

And so we continue to prepare in accordance with Auroville's Core Ideals, our Common Vision-Goal, integrating positively everything that is unfolding on Earth in a Consciousness of Oneness, that everything that's happening is part and parcel of the evolutionary push to the Divine Manifestation of this Supramental Child:

*'Auroville will be the place of an unending education, of constant progress, and a youth that never ages. Auroville wants to be the bridge between the past and the future. Taking advantage of all discoveries from without and from within, Auroville will boldly spring towards future realisations. Auroville will be a site of material and spiritual researches for a living embodiment of an actual human unity.'*

A living embodiment of an actual human unity, for our common Vision-Goal:

*'Humanity is not the last rung of the terrestrial creation. Evolution continues and man will be surpassed. It is for each individual to know whether he wants to participate in the advent of this new species.'*

*For those who are satisfied with the world as it is, Auroville obviously has no reason to exist.'*<sup>7</sup>

And again:

*'The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent.'*

I asked this question to the Auroville Community: 'Does everyone understand my stand now? Of course if the answer is still the big 'No', then you are free to again jerk your knee while sincerely contemplating why you are really in Auroville.'

We continue on, more easily and joyfully in the Sunlit Path of Bhakti to the Supreme Divine Mother MahaShakti<sup>8</sup>. To Her we offer All for transformation or dissolution.

**Om Namo Bhagavate**

<sup>1</sup> <https://www.facebook.com/share/p/vpfK2toiDxpgJyx3/?mibextid=qj2Omg>

<sup>2</sup> <https://incarnateword.in/cwsa/28/the-hostile-forces-and-hostile-beings>

<sup>3</sup> <https://youtu.be/SNaaEgJzSz8?si=Y2GTBqvRAOqwnPtJ>

<sup>4</sup> <https://incarnateword.in/search?query=All+is+the+divine&page=1&phrase=true>

<sup>5</sup> <https://incarnateword.in/agenda/12/december-11-1971>

<sup>6</sup> <https://incarnateword.in/compilations/mira-the-mothers-body/i-saw-that-little-supramental-child-playing-on-top-of-a-huge-mental-head>

<sup>7</sup> <https://incarnateword.in/cwm/13/aims-and-principles>

<sup>8</sup> <https://www.facebook.com/share/p/E9BTbsh63h5HaeC1/?mibextid=qj2Omg>

Zech, 2024.03.18

## RESIDENTS ASSEMBLY'S RESOLVE: the Galaxy Principles translated into the Master Plan

In February 2007 the Residents Assembly approved the mandate and policy of L'Avenir d'Auroville/ATDC, concluding by these words:

'The name of the organisation 'L'Avenir d'Auroville (The Auroville Township Planning and Development Research Organisation)' has been chosen for the following reasons:

- The name 'L'Avenir d'Auroville—Auroville's Future' has been given by The Mother.
- However, not many people will understand that this name is related to the planning and development of the Auroville Township. Therefore the suffix 'The Auroville Township Planning and Development Research Organisation' makes sure that the outside world understands that this is the organisation which has the mandate and authority to plan and develop Auroville and that this is done in an environment of research and learning. This clarity will be needed when L'Avenir d'Auroville deals with outside agencies including the planning authorities of Tamil Nadu and Puducherry and other governmental bodies, and also with external consultants, contractors, advisors, donors, etc.'

The resolve by the Residents Assembly concludes with two Annexes highlighting the essential principles of the Galaxy, to be translated into the Master Plan:

### Annexe 01

Main Elements of the Galaxy Concept and Master Plan

- 50,000 Aurovilian resident population;
- Four zones: Residential, Industrial, Cultural and International;
- Matrimandir with its' twelve gardens and the lake at the centre of the city;
- The crown and the city centre;
- The lines of force that give the shape of the Galaxy;
- About 50% of the city area is green;
- Detailed city planning and development based on the master plan in a spirit of experimentation and innovation;
- Search for beauty.

### Notes

The architectural forms, the choice of materials, the lay-out of parks and gardens, the different means of transportation, the required services and infrastructure etc. will evolve according to the needs, the advances in know-how and technology, experiments and new discoveries in: innovative, sustainable energy systems; sustainable water management including rain water harvesting; non-polluting transport systems; planning aimed at a collective way of life.

### Annexe 02

Matters to be referred to Roger for approval / final decision

- Town planning aspects relating to the main elements of the Galaxy Concept and the Master Plan
- of Auroville (see Annexe 01);
- Urban design of the township;
- Architectural concepts (quality of architecture).

**Note:** Referral of matters to Roger should progressively reduce as it is expected that an increasingly mature and capable Planning Organisation will resolve most issues while respecting the main elements of the Galaxy Concept and the Master Plan.'

No further resolutions were passed by the Residents Assembly. The complete document can be read in the Aurnet:

- <https://auroville.org.in/sites/www.auroville.org.in/files/L'avenir%20d'Auroville%202007.pdf>

Paulette



## TANGO IN AUROVILLE

As somebody born in Buenos Aires, the Capital of Tango and Argentina, I have to say that what is going on in Auroville nowadays with this, is not only overwhelming me, but has made me have an enormous feeling of surprise and unexpected growth in me.



I never could imagine Tango in Auroville. I come from a Rock and Roll and Beatles generation....

We did not like tango and we couldn't think of dancing it! A big thanks to Jorge who got in love with tango when he was in Buenos Aires and started classes, very special ones, in Auroville. To his teachers, especially Aurovan, they do a great work. And now the Festivals, mainly this one, with so many people dancing so well. Thanks to Olivier and the group that made this possible.

An special thanks to the Argentine that came, Pablo M., his presence and the Tango Orchestra that he conducts... Pablo and his bandoneon, the beautiful singer and the tango teachers... and to all the musicians that made possible the First 'Orquesta Tipica' in India.

Good to know that I'm not dreaming and now I'm going to collaborate for the next Festival teaching Chacarera, as we do in other Countries with the tango. It is also from Argentina, by the Country, a Folklorique one... and why not. It is possible that I could sing a tango with our Orchestra. Till 2025!!

*Anandi.ayun, Realization*

## DO WE STILL HAVE A FUTURE TO DREAM ABOUT?

Every Thursday, 5 to 6pm

@ Matrimandir, Stone Circle Garden of the Unexpected

'A harmonious collective aspiration can change the course of circumstances'.  
The Mother

Let's come and concentrate together to call for this radical change.

Organized by Ann, Dan, Eric, Fabienne, Henrik, Laurence, Olivier, Pablo, Rakhal & Sandhya

Dan



*Languages*

## NEWS FROM AUROVILLE LANGUAGE LAB

Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!



## Conversation Practice sessions

• Would be Mondays for Sanscrit, Tuesdays for Spanish & Tamil, Wednesdays for French & Chinese, Thursdays for English (On the Auroville Charter and The Dream) and Fridays for German. Please come forward for other languages, especially Hindi! All are welcome for these sessions.

• Do let us know if you would like to be part of this experiment and what you would like to receive and offer, either as a participant or a facilitator, by sending an email to [info@aurovillelanguageagelab.org](mailto:info@aurovillelanguageagelab.org) or a message to +91 9843030355 WA.

## Current Schedule of Classes

Lan- guage	Level	Time	Day(s) of Classes
English	Pre-Intermediate & Intermediate	11am—12pm	Tuesday & Thursday
	Conversation Intermediate Started 8 February 24	4—5pm	Tuesday & Thursday
	Conversation Pre-Intermediate Started 12 February 24	4—5pm	Monday & Wednesday
	Beginner Started 11 March	10:30am—12noon	Monday & Wednesday
French	Beginner Started 10 February 2024	2:30—4:30pm	Saturday
	Conversation Post Beginner Started 10 February 2024	10:30am—12noon	
	Conversation Intermediate Started 5 February 2024	2:30—3:30pm	Monday & Thursday
Tamil	Spoken Beginner Started 23 January 2024	9:30—10:30am	Tuesday & Friday
	Spoken Intermediate To Start March 2024	5:30—6:30pm	Tuesday & Friday
Sanskrit	Beginner To Start 28 March 2024	2—4pm	Thursday
Hindi	Beginner To Start 27 March 2024	2—4pm	Wednesday
German	A1.1 Beginner Started 5 February 2024	9:30—11am	Monday & Wednesday
	German Elementary S&W To Start March 2024	4—5pm	Tuesday & Thursday
Spanish	Beginner Started 24 January 2024	2:30—3:30pm	Monday
	Intermediate	2:30—4pm	Tuesday
Japanese	Beginner, To start April	TBA	TBA
Italian	Beginner Started 7 February 2024	4—5pm	Wednesday & Friday
	Intermediate Started 15 February	4—5:30pm	Thursday

If there is a language you would like to learn, and it's not on our list, please send us a query!

## Sanskrit Chants with Vishvanathanji

Learn Sanskrit Chanting in the light of Mother and Sri Aurobindo. We will learn 8 traditional Samskrit Chants, invocations to the Divine Mother, to deepen our aspiration, widen our receptivity, and to bring down in us samata, peace, courage, humility, sincerity, harmony, gratitude, and perseverance. The sessions will be led by Vishwanathan, supported by his wife Lalitha. Their study of the writings of Mother and Sri Aurobindo has deepened and enlarged their understanding of the traditional Samskrit chants and in turn the chants are a great help in their sadhana. They feel blessed to share these traditional Samskrit chants.

• Every Monday, 5—6pm all are welcome to join to learn these inspiring Chants!



## Our first full-length publication

Our first full-length publication: We are delighted to share that our first full-length publication, 'From Resonance to Bonding' by Dirk Beckedorf & Franz Müller is now available on Amazon! The book gives an in-depth explanation of the Alfred Tomatis method, its scientific bases, how and why it works, along with detailed case studies.

### • Order through our website:

<https://books.aurovillelanguagelab.org/>

You can access the detailed Table of Contents, as well as [2.5 chapters of the actual book for free here](#), before decided to order through Amazon.

This book has information for a wide variety of professionals in different fields, as well as laypeople. For example, midwives, doulas, gynaecologists, as well as pregnant women, parents-to-be and recent parents, will find the chapter on 'Resonance in the Womb' full of incredibly fascinating information. It is an excellent summary of all the research since Dr. Tomatis' pioneering work in the early 1950s, on the development of listening in the womb.

For now, in India, it is only available as a Kindle e-book. You can use a free kindle app to access it (mobile, tablet or desktop). We are looking for sponsors to cover costs of the first print run, so that it can be available as a paperback.

**Looking for:** We found a volunteer for the Telegu translation editing work, and for most of the other tasks. But we could definitely still do with someone to help with fundraising and English Teaching. We always welcome volunteer language teachers.

### Looking for:

- Volunteer(s) capable of reading & writing Kannada & Telugu, for proof-reading a couple of short documents (that have been translated from English). The work requires 2-3 hours of commitment.

## Help Integrate People! program

**Aurotaranti** will anchor a new program called 'HIP': Help Integrate People! This is a vocational English program where special attention will be given to beginner and pre-intermediate English language learners in different fields of work in Auroville, so that they may develop the vocabulary, concepts and conversational skills to help them excel in their workplaces.

We would like to invite Aurovilians, Newcomers, SAVI Volunteers and employees of Auroville Units to participate. Auroville units can share their specific requirements and sponsor their staff for these classes, which will take place at the Language Lab premises.

- Those interested in participating or enrolling their staff in these vocational English acquisition courses are requested to contact [info@aurovillelanguagelab.org](mailto:info@aurovillelanguagelab.org) with the subject line **HIP programme**, so that we may assess and schedule private or group sessions as required.

## Tomatis

There are spaces available for both language & therapeutic programmes!

- Please contact 0413 3509932 or 0413 2622467 or email us at [tomatis@aurovillelanguagelab.org](mailto:tomatis@aurovillelanguagelab.org) to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTI3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMlly-wZNdZcAng/videos>
- <https://www.listenwell.com/>

**Please Note:** Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is complete, thank you!

## To join or enquire

Please fill out our form at <http://register.aurovillelanguagelab.org/> You may also drop us an email at [info@aurovillelanguagelab.org](mailto:info@aurovillelanguagelab.org), call us at 2623661 or come visit us!

## The Language Lab is open

- Monday—Saturday, 9am—12noon & 2—5pm
- Location: International Zone, after Unity Pavilion & Pump House.
- Email: [info@aurovillelanguagelab.org](mailto:info@aurovillelanguagelab.org)
- Phone: (0413) 2623661, 2622467, 919843030355

Enzo, for Language Lab Team

## Classes, Workshops & Healing Arts

### THE UNIVERSE IN A CUP OF TEA



The unreal veil of, enchanted embroidery lifted, the cup of tea appears, glittering ... (Full poem recited at the ceremony.)

Discover a spiritual journey with a Sencha Style Tea Ceremony During this unique experience (acknowledged by renowned Asian Tea Masters especially in Taiwan), you will also explore the healing aspects of the tea of your choice (Organic teas only, tea blends with herbs/flowers also available. Awareness is key—you must allow the tea to infuse the body with its optimal effects. This is a 'once-in-a-lifetime' experience that will completely change your perspective on tea-drinking, especially if you are a tea lover.

The session can be conducted 1-on-1, or for small groups (up to 4 people). For more than 4 people, a suitable venue must be arranged in advance. Children aged 5 years and above are most welcome, especially on their birthdays.

- **Venue:** To be decided when you call to confirm your appointment. the ceremony can be conducted at your place of residence as well.
- Possibility to buy the tea after our session.
- Sessions are donation-based with the flow of Generosity.
- Call/WA +91 9385428400

Isha

### YOGA CLASSES in Bharat Nivas

Daily drop-in Yoga Classes in Bharat Niwas.

- Ashtanga Yoga from 8—9:30am.
- Hatha Yoga 4:30—6pm.

Class is open for all levels.No pre registration required.  
Jessica







## SVARAM

### Harmonic Spine & Yoga Nidra



### The Harmonic Spine & Yoga Nidra

**29th MARCH - 9 am - 6.30 pm**  
**Bhumika Hall**  
**Book your slots**  
**For registration, please contact: +91 8056058269**  
[svaramprograms@auroville.org.in](mailto:svaramprograms@auroville.org.in)

- 29 March, 9am—6:30pm, Bhumika Hall, Bharat Nivas

This session will be a balance of scientific theory, and empirical hands on learning. We will be able to draw on Joseph's 30 years of experience as a clinician and teacher in this field. This session will be followed by Yoga Nidra, the sessions allows us to enter hypnagogic state—a doorway to the subconscious mind. Joseph Schmidlin DOmtp, LMT is a classical Osteopath with over 30 years of training, teaching, and practice in the field of energy. Priyanjali is a multi-dimensional explorer—a movement, psychology and sonic researcher who believes in quantum thinking. She is a psychologist, yoga and sound therapist who has been exploring multi-dimensional therapy for the last decade.

- Book your slots
- For registration, please contact: +91 8056058269  
[svaramprograms@auroville.org.in](mailto:svaramprograms@auroville.org.in)

### Magic of the Voice Workshop



### SVARAM SONIC FESTIVAL 24/25

### Magic of Voice



**27th & 28th MARCH - 9 am - 5 pm**  
**Bhumika Hall**  
**Book your slots**  
**For registration, please contact: +91 8056058269**  
[svaramprograms@auroville.org.in](mailto:svaramprograms@auroville.org.in)

- 27 & 28 March, 9am—5pm @ Bhumika Hall, BN

The Magic of the voice workshop is designed to introduce you to a wide range of vocal techniques and practices with an embodied approach to voice work. Playfully develop a deeper connection with your voice and arrive at a more fulfilling place of self-expression and wellness.

This 2-day program will include:

- Anatomy of the Voice
- Song Catching
- Vocal Embodiment
- Sankalpa Improv Circle
- Warm up exercises, voice games and more ...

This workshop is facilitated by vocal professionals—Anushka Gunpath, Caroline Cohen and Astrid Slegten.

- Book your slots
- For registration, please contact: +91 8056058269  
[svaramprograms@auroville.org.in](mailto:svaramprograms@auroville.org.in)

### The Power of Sound by François-Marie Dru

### SVARAM SONIC FESTIVAL 24/25

### THE POWER OF SOUND by François-Marie Dru

A clinical approach to Sound Healing



**25th & 26th MARCH - 9 am - 5 pm**  
**Bhumika Hall, Bharat Nivas**  
**Book your slots**  
**For registration, please contact: +91 8056058269**  
[svaramprograms@auroville.org.in](mailto:svaramprograms@auroville.org.in)

- 25 & 26 March, 9am—5pm  
 @ Bhumika Hall, Bharat Nivas

This two-day workshop is open to all those wishing to explore the therapeutic power of sound. The workshop is divided into theory and practice sessions in order to master music therapeutic tools to harmonize the practitioner and patients. During this course, you will be guided to master various vibrational techniques. We cover numerous themes such as resonance and harmonics, so that the understanding of the effects of sound helps practitioners deepen their techniques. François-Marie Dru, a musician and composer for the band FM LAETI and the association La Maison Rose, has devoted over 15 years to music therapy, focusing on treatment and training in the therapeutic power of sound.

- Book your slots
- For registration, please contact: +91 8056058269  
[svaramprograms@auroville.org.in](mailto:svaramprograms@auroville.org.in) Timon for SVARAM

### ACRO YOGA

- Intermediate:
  - Tuesday: 5—6:30pm
  - Saturday: 9—10:30am
- First time & beginner
  - By appointment only: 9047722740



Damien

## GENTLE FLIGHT WORKSHOP

3—6 April @ Cripa

4 days Contact Improvisation intensive focused on gentle flying techniques.



9:30am—12:30pm, 3—4 April  
3—5pm, 6 April

### Program

- Flying patterns & principles.
- Communication of ideas through the body.
- Work with Attention, perception & reflexes.
- Bio mechanics of the body.
- Somatic exercises to access subtle aspects of movement.
- Exercises to open creativity and go beyond patterns.

### About teacher

**Ivan Gurianov**—facilitator of contact improvisation since 2018, teacher & co-organiser of international contact improvisation programs. Performer, Multidisciplinary artist.

Ivan incorporates in his dancing and teaching ideas from different movement research studies such as Ideokinesis, Axis Syllabus & Movement Culture, as well as his experience in Yoga, Meditation and different dance styles such as Butoh, Contemporary Dance, Hip-Hop, Tango etc.

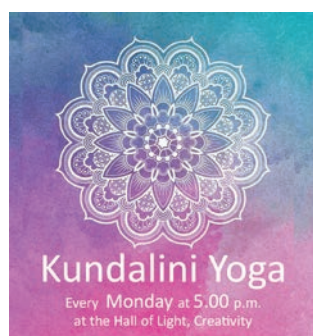
- **Facilitator:** Ivan Gurianov
- Instagram.com/shadow\_of\_movement
- **Registration:** [aurovilleartworld@gmail.com](mailto:aurovilleartworld@gmail.com) *Krishna*

## KUNDALINI YOGA

Mondays, 5—6:30pm @ Hall of Light, Creativity

Kundalini Yoga is called the Yoga of Awareness. It is a dynamic, powerful tool that is designed to give you an experience of your soul. To achieve that It uses the combination of Asanas, Pranayamas, Mudras and Mantras.

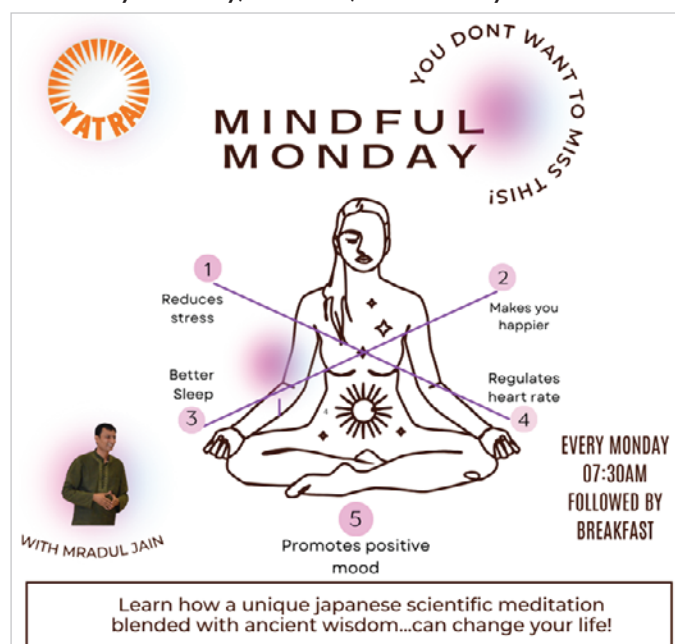
- All levels, come 5 minutes before, bring your own mat. Contribution for the use of the room.
- Contact:  
Bel +91 7598892065 WA
- Certified Kundalini Yoga teacher.



*Bel Jimenez*

## MINDFUL MONDAY

Every Monday, 7:30am, followed by breakfast



You don't want to miss this! Learn How A unique Japanese scientific meditation blended with ancient wisdom...that can change your life! Reduces stress, Better Sleep, Makes you happier, Regulates heart rate, Promotes positive mood

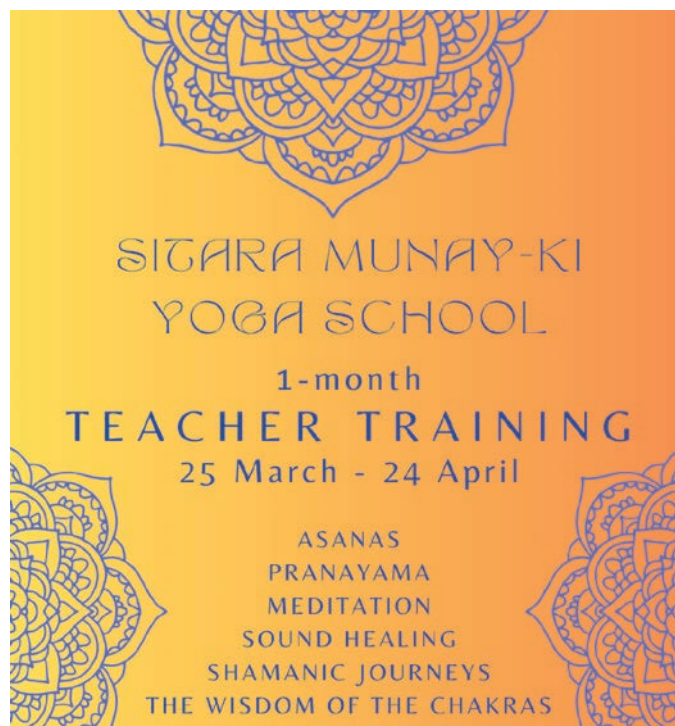
- Book Your Spot Now
  - Yatra Art and Culture Foundation, Yatra Arts Media, Near New Creation Sports Ground, Kulapalayam
  - 0413 2623071, +91 9751033162

*Yatra Srinivassan*

## SITARA MUNAY-KI YOGA SCHOOL

### 1- Month Teacher Training

25 March—24 April



For more info about the Course, the School, and the Teachers see [sitaramunay-kiyoga.org](http://sitaramunay-kiyoga.org)

Please contact us—As soon as 4 people express their initial interest, we can meet to answer all your questions

- [gp@auroville.org.in](mailto:gp@auroville.org.in), +393288181300 WA *Giovanni*



## YOGA WITH RACHEL



- One to One lessons—Small groups

Weaving a tapestry of gentle guidance, leading you through each asana with detail. Verbal cues as a golden thread connecting breath and movement to the essence of your being. Each Asana as an expression of balance, inviting you to return with yourself, aligning your body, mind and spirit.

- Clases particulares—Pequeños grupos

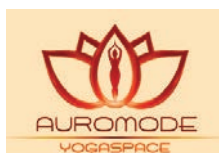
Tejiendo un tapiz de suaves movimientos, guiándote verbalmente a través de cada asana con detalle, como un hilo dorado que conecta la respiración y el movimiento con tu propia Esencia. Cada Asana, como expresión de equilibrio, invitándote a resintonizar contigo misma, alineando cuerpo, mente y espíritu.

Submitted by Rachel

## AUROMODE YOGA SPACE

### March 2024 Schedule

Registrations must for all the program. Email or WA us to know about the fees structure and other details.



[balaganesh.siva@gmail.com](mailto:balaganesh.siva@gmail.com) +91 9892699804 WA only

Day	Time	Description
Monday to Friday	10—11am	Mobility with Karalakattai
Every Friday	5:30—7pm	Vinyasa flow Asanas
Every Saturday	5:30—7pm	Vinyasa flow Asanas
Every Sunday	5:30—7pm	Vinyasa flow Asanas

### Vinyasa flow with Bala

Vinyasa Flow yoga is a style of yoga that emphasizes the coordination of breath and movement. It is a dynamic and fluid practice that links various yoga poses together in a sequence, creating a continuous flow of postures. Vinyasa Flow classes can vary in intensity and pace, making them accessible to practitioners of different levels.



### Mobility with Karalakattai

Ready to enhance your flexibility and mobility? Karalakattai, a traditional Indian wooden tool, might just be the key! Used for centuries in Tamil Nadu, Karalakattai is a simple yet effective aid for improving joint mobility and overall flexibility. Join us every day to improve your overall posture correction.

## Weekend Yoga Nidra Theory and practice

- 23 & 24 March, 3:30—5pm

Yoga Nidra, also known as Yogic Sleep, is a state of consciousness between waking and sleeping, where profound relaxation and rejuvenation occur. We intend to offer introduction to Yoga Nidra theory and practice. Through guided meditation and deep relaxation techniques, you will explore inner tranquillity and unlock your innate potential for healing and self-discovery

### Benefits of Yoga Nidra:

- Reduce stress and anxiety
- Improve sleep quality
- Enhance creativity and focus
- Connect with your inner self
- Open for all levels

Rukmini—Dancer, Kalaripayatu practitioner completed her Yoga Nidra TTC from Bihar school of Yoga and taught this practice for many years in India & abroad.

- Registration Must

Bala

## ARKA WELLNESS CENTER & MULTIPURPOSE HALL

March Regular Activities, 0413 2623799

### Treatments

Treatment	Therapist	when
Body Logic, Soft Massage & Deep Tissue Massage.	Pepe	Monday to Saturday by Appointment 9943410987
Cranio-sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana	Monday to Saturday by Appointment 9047654157
Nutrition consultant, Diet, Weight Loss and Weight Management, Psychosomatic	Nadia (English & French)	Monday & Wednesday afternoon by Appointment 9489035457
Psychospiritual Intro-spective Tarot Reading, Deconditioning Self Inquiry	Antarjyoti (English & French)	Monday to Sunday by Appointment: 04132623767 <a href="mailto:antarcalli@yahoo.fr">antarcalli@yahoo.fr</a>
Chinese Fire Cupping and Moxibustion Therapy	Chun	Monday to Saturday by Appointment 8098900708
Reiki Healing, Breath-work, Energy healing.	Niyati Thakkar	only by Appointment <a href="mailto:niyatithakkar2112@gmail.com">niyatithakkar2112@gmail.com</a>

### Classes

Classes	Teacher	when
Acro Yoga	Damien	Monday 3—4:30pm Tuesday 5—6:30pm by Appointment 9047722740
Pilates	Teresa	Tuesday & Thursday 7:30—8:30am Friday 5:30—6:30pm by Appointment 7867998952
Iyengar yoga	Olesya	Wednesday & Saturday 6:30—8am. Monday, Thursday & Saturday 5—6:30am Or by Appointment 9159052743

Submitted by Ramana

## DETOX YOUR MIND & BREATHE

### Heal your Body



- **Scientific Meditation with sound healing for destress Mind Body and Soul.** Experience exclusive sound frequencies created by a Japanese Scientist.
  - Monday, Wednesday, Friday, 7—8:30am
  - Advance registration required
- **One To One Health & Wellness Therapy.** Anxiety, Depression, Mental Disorders, Sleep disorder Emotional Blockage Sensory Development
  - Pre appointment is required
- **Analysis of Multiple Intelligence using Scientific Neuroscience Tools.** Eligibility: Anyone from 6 years to 60 years of age
  - Pre appointment is required
- **Conscious Circle & Chanting**
  - Tuesday, 6:30—7:30pm
  - Reserve your space in Advance

Yatra Srinivasan, Yatra Arts Media,  
Near New Creation Sports Ground, Kuilapalayam

0413 2623071, +91 9751033162,

<https://www.yatraarts.org/>, <https://www.yatraartsmedia.org/>



## Traditional Massage Therapy Classes

Our 30 hours course covers Traditional Bodywork based on principles of ancient Indian medicine science of Siddha Varma Kalai originating in Tamil Nadu, Southern India. It is one of the oldest systems of medicine in India.



- **The certificate course has three levels:**
  - Basic: 10 Hours,
  - Intermediate: 20 Hours,
  - Advanced: 30 Hours
- **Course modules:**
  - Varma Massage Therapy,
  - Varma Touch Therapy,
  - Varma Myology (Muscles),
  - Varma Defense Methods

Angam Tree Wellness Hut is reaching out to people interested in learning massage therapy techniques. You can learn more about us at [www.angamtree.com](http://www.angamtree.com). Kindly share your profile with us at the below mentioned email address. We will call you for an interview to assess the correct fit between you and the positive intention towards the energy of therapy.

## Wellness Wood Products

The Tree is very important for life. In our process we used the trees which have been used as pillars in old heritage houses in the villages These pillars are more than 200 years old which have the synergy with the land. Our Karalakattai products are made from these heritage wooden pillars.



## Karalakattai

The history and origin of karalakattai, The name says it all!!

Karalakattai (wooden Indian clubs) training is a traditional form of body conditioning practiced originally by Tamil warriors and other parts of south India in the past. The history and origins of karalakattai date back to ancient years ago when the civilizations were formed and the evidence is seen in the temple carvings and ancient scripts.

- **Contact:** Raja, +91 9751395939, [www.angamtree.com](http://www.angamtree.com)

## Therapies

Our work in therapy and healing is focused on educating people to the importance of healthy living and conscious lifestyle. To together achieve a better and sustainable future in wellness for each individual and their communities.

## Sound Healing Therapy

Using various musical instruments, Sound healing, Bodywork, Meditation, Visualization and Breathing one will become aware of their complete sensory perception. When we hear the subtle cautions our life and where the body is a pathway of that inner voice, we all have the potential to heal ourselves.



## Massage Therapy

Traditional body work using acupuncture and deep tissue varma points healing methodologies. Naturally prepared herbal and coconut oil along with natural essential oil aroma for meditative breathing wellness. Use of sound to awaken and create a sense of peace and calm to bring about a holistic healthiness and oneness with self.



## Dance Movement Therapy

Uses movement to help individuals achieve emotional, cognitive, physical, and social integration. Beneficial for both physical and mental health, dance therapy can be used for stress reduction, symptoms prevention, and mood management. In general, dance therapy promotes self-awareness, self-esteem, and a safe space for the expression of feelings.

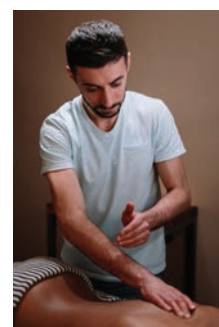


- You can learn more about us and register at [www.angamtree.com/therapies](http://www.angamtree.com/therapies)

## Student Internship Program: Traditional Bodywork

Our internship programme offers a unique opportunity to get experience of therapy setting and access modules of our in-house training programme on skills and planning.

- Respond to enquiries, Greet and Meet the Client, Complete Client Information Form
- Conduct postural assessment and evaluation
- Discuss the case with the supervising therapist—Perform any further additional assessments or enquires. Deliver Deep Tissue Massage



During the appointment the supervising therapist may enter the room, demonstrate any techniques or assessments—allow you opportunity to ask further questions

This position should only be applied for if the applicant is looking to start a career as a massage therapist and is interested in developing their skills and knowledge both as a therapist and how to grow and manage their client base.

Kindly email your resumes with the subject title Internship Program at [angamtree@auroville.org.in](mailto:angamtree@auroville.org.in)

- You can learn more about us and our initiatives at <https://angamtree.com>
- +91 9751395939, [www.angamtree.com](http://www.angamtree.com)

Contribution based,  
Submitted by Raja



## QUIET HEALING CENTER



### Baby Watsu Class with Appie & Friederike

- Monday, 25 March, 9:30—11am
- For babies between 2 and 12 months.

A special opportunity to connect with your baby!

You'll be guided on how to hold, feel and move your baby, using the qualities of warm water, so that you and your baby can feel safe, at ease, and enjoy this quality time together. You'll learn and practice the basics in the group, while you stay focused on your baby's needs in the moment. In the end, there is free play time.

- Please bring towels and a closing swimming pants for your baby.

[www.quieth healingcenter.info/quiet@auroville.org.in](http://www.quieth healingcenter.info/quiet@auroville.org.in)  
+91 9488084966 Mobile & WA, Guido

## BEAUTIFUL SOUNDS

- Five Elements, duration 1h30

Tibetan bowls, gongs, shruti box, chamanic drum, overtones. Nidra Yoga with Tibetan bowls. Individual couple and group (max 7 peoples)



- **Benefits:** Harmonizes body and mind. Extreme relaxation Reduce anxiety. Panic attack. Emotional disorders. Realign the chakras. Energize the brain and cells...

- Angel Sounds, duration 1 hour

Massage with Tibetan bowl chakras and tuning forks (Reinforcement of the chakras and reharmonizes the right and left brain).

- Meditation With Gongs, duration 1 hour.

Experience a musical journey to go into transcendental meditation, Maximum 7 peoples

- Shamanic Journey

A workshop to connect to yourself to the Source. Experience a powerful journey in your inner self thanks to energetic exercises & transformative sounds.

- **The morning:** qi qong & chamanic chants.
- **Afternoon:** pranayamas & 5 Elements, duration 1 hour

Possibility to book only for the morning or afternoon

- Nada Yoga Ananda

- Every Wednesday, Thursday, Sunday, 4pm for 2 hours
- Ecstatic Wednesday, Vowels chants Overtones (throat singing), Kototamas
- Shamanic Thursday, Reverse Bijas mantra Overtones Electric energy
- Shamanic Friday, Shamanism Native American's Chants & overtones (throat singing)
- Sacred Sunday. Mantras Desert's sounds Harmonics (mixe with gregorian chant, throat sing & noise singing)

- Tibetan bowls, 30 minutes.

To be in Theta mode. Singing for the soul (1h30 mantras, bijas mantra inverted, overtones and kototamas).

- Fitness training—karla kattai

- **Satyayuga.** Personal coaching for individuals and/or small groups (max 5 persons). I have 30 years of experience. needs over the short, medium or longer term.
- **Qi-Qong** for facial rejuvenation and for the back (spine, shoulders, neck).

- **Reiki :** Energy for wellbeing and struggle against stress...

- **Full And New Moon**

We will work with the energetic forces of the moon. Moon gong, sun gong, moon tibetan bowls and our group energy. We will create a energetic field to power your intention.

- Start promptly 7pm, finish 8:30

- For more info: +917639761930 WA

or [satyayuga@auroville.org.in](mailto:satyayuga@auroville.org.in)

- French and English speaking.

- Location on request.

Satyayuga

## Traditional Mantras & Stotras

chanting class

@ Serendipity Community  
With Sonia Novaes

THURSDAY | 9 AM (DROP-IN CLASS)

FRIDAY | 5 PM (REGULAR CLASS)

info:

[serendipityauroville@gmail.com](mailto:serendipityauroville@gmail.com)  
+91 8940288090



@ Serendipity Community with Sonia Novaes

Thursday, 9am, Drop-In Class

Friday, 5pm, Regular Class

- [serendipityauroville@gmail.com](mailto:serendipityauroville@gmail.com), +91 8940288090

Everyone is welcome who wants to learn traditional chanting of mantras and prayers with precise pronunciation. If you'd like to explore further and continue your studies of mantras and chants, you're welcome to join our regular classes. *Sonia*

## KARMA YOGA LEARNING BY DOING

### KARMA YOGA LEARNING BY DOING

Join the Taste of Yoga team  
to serve wholesome, vegan  
food, desserts & beverages!

#### VOLUNTEER HOURS

Monday to Saturday

8:30 am to 12:30 pm

or

1:30 pm to 5:30 pm

Minimum 1 month

#### WHAT WE OFFER

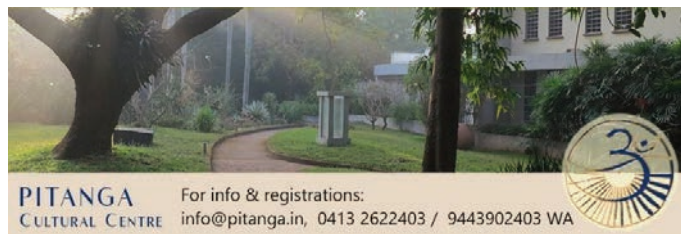
- Learn the art of kitchen management
- Develop your accounting, housekeeping & communication skills.
- Refreshments
- Access to a yoga class

📍 Vérité Integral Learning Center, Auroville 📧 [cafe.vilce@gmail.com](mailto:cafe.vilce@gmail.com)

- [cafe.vilce@gmail.com](mailto:cafe.vilce@gmail.com)

Kathir for Verite Integral Learning Center

## PITANGA PROGRAM MARCH 2024



### Drop-In Classes

- Join without prior registration!

Mondays	
7:30am—9am	Asanas with Rachel
8:30am—10am	Yoga Therapy with Gala
4pm—5pm	Biodynamic Deep Presence with Mike
Tuesdays	
9am—10:30am	Gentle Yoga with Lisbeth
3:30pm—4:30pm	Body Music with Anandi Z.
Wednesdays	
7:30am—9am	Asanas with Rachel
8:30am—10am	Yoga Therapy with Gala
Thursdays	
4:30pm—5:30pm	Aviva Exercise with Suriyagandhi
4:30pm—6pm	Vocal Sound Healing with Lola
5:30pm—6:45pm	Restorative Yoga with Rachel
Fridays	
6:45am—8am	Pranayama with François & Namrita For former 'The Art of Living' course participants
7:30am—9am	Asanas with Rachel
8:30am—10am	Yoga Therapy with Gala
3pm—4pm	Reading of Savitri with Patricia—An interactive session
4:30pm—5:30pm	Readings of the Life Divine with Balvinder
5:15pm—6:15pm	Feldenkrais with Shari
5:15pm—6:15pm	For Giving Love with Marie-Claire
Saturdays	
9am—10:30am	Asanas (Intermediate level regular practitioners) with Rachel
11am—12:30pm	ATB Explorations with Isora, Rosario & Teresa
2:15pm—4:15pm	Truth Based Relationships—Practical Sessions with Juan Andrés
4:30pm—5:30pm	Body Music with Anandi Z.

### Classes—By appointment

- **Art Therapy with Gala**
  - Thursdays, 3—5pm for adults
  - Fridays, 3—5pm for families
- **Chinese Tea Ceremony with Chun**
  - Saturdays, 3—4pm
  - Do not wear any kind of perfume on this day.

### Healing Space

- Bio-Resonance (with Bi-Com machine) by Afsaneh
- Chiropractic by Afsaneh
- Cranio Sacral Therapy by Anne H.
- Thai Yoga Massage by Juan

### Workshops—With prior registration

- **Natural Eye Healing, workshop 'Eye Yoga' with Aurosugan**
  - Monday, 25—Friday, 29 March
  - Daily, 3—4pm for 5 days

*Eye yoga exercises strengthen weak eye muscles, improving circulation and muscle movement. The technique includes activities that can help improve the entire visual system for better vision.*

*The eye yoga and exercises are simple and can be done in between your routine tasks, and by doing them regularly, you can significantly reduce your level of eye discomfort, blurred vision and other symptoms of eye strain.*



- Registration required.

### New Drop-In Classes

- **Truth Based Relationships—Practical Sessions with Juan Andrés**
  - Saturdays 2:15—4:15 pm

Practical Sessions based on the Authentic Self Relationships Model by its author, psychologist Juan Andrés



Use the opportunity for conscious growth that all your relationships offer you in everyday life.

- Firsttimersneedtohavepreviouslyexploredthecontentat [asrmodel.com](http://asrmodel.com)
- This is a drop-in class.

- **Gentle Yoga with Lisbeth**

- Tuesdays 9am—10:30am

Lisbeth, who is teaching the teen yoga classes for the 11<sup>th</sup> year now, invites you to join her for a gentle yoga class on Tuesdays during the month of March.

- This is a drop-in class.

### Youth activities

These are ongoing educational programs and not intended for drop-in students. If a child is interested, parents need to talk to the teacher before bringing the child.

- **Teen Yoga, with Lisbeth:**  
Mondays, Wednesdays, 4pm—5:15pm
- **Yoga for children, 5—8 yrs., with Gala:**  
Saturdays, 9—10am
- **Yoga for children, 7—9yrs., with Gala:**  
Saturdays, 10—11am
- **Energy games for children, 9 yrs+, with Gala:**  
Saturdays, 11am—12pm

*If you wish to receive our program of activities by email, please write to us:*

- [info@pitanga.in](mailto:info@pitanga.in)

Submitted by Andrea



## VERITÉ PROGRAMS

March 2024

- Phone: +91 413 2622045, 2622606
- WA: +91 9363624083, 8489391876
- Email: [programming@verite.in](mailto:programming@verite.in)
- Website: [www.verite.in](http://www.verite.in)



### Yoga & Re-creation Programs

	Drop-in Classes	Timings	Presenters
Mondays	Yoga Breath & Meditation Practice for Beginners	7:30—8.30am	Mamta
	Pranayama & Meditation (no class 25 March)	9:15—10:15am	Radhika
	Regeneration Circle: Voices of Wholeness (contributions are voluntary (no class 25 March)	1:30—3pm	Nadim
	Yin Yoga Nidra (no class 25 March)	3:30—4:30pm	Bijou
	Deep Sound Bath	5—6pm	Satyayuga
	Hatha Vinyasa Yoga	5—6pm	Andres
Tuesdays	Sivananda Yoga	7:30—8.30am	Mani
	Yoga Asana: Deep Stretch & Relaxation (no class 19 & 26 March)	9:15—10:15am	Radha
	Face & Eye Yoga (no class 19 March)	3:30—4:30pm	Mamta
	Vocal Improvisation & Circle Singing	5—6:30pm	Lola
	Vinyasa Flow	5—6pm	Rebeca
Wednesdays	Yoga Asana: Deep Stretch & Relaxation	7:30—8.30am	Radha
	Gentle Hatha Yoga (no class 20 March)	9:15—10:15am	Claire
	Yin Yoga Nidra (no class 20 March)	3:30—4:30pm	Bijou
	Kirtan- Songs for Your Soul (contributions are voluntary)	5—6pm	Mamta
	Hatha Vinyasa Yoga	5—6pm	Andres
Thursdays	Sivananda Yoga	7:30—8.30am	Mani
	Yoga for Inner Alignment—Pranayama & Asanas (no class 21 March)	9:15—10:15am	Radhika
	Gentle Hatha Yoga (no class 21 March)	3:30—4:30pm	Claire
	Vinyasa Flow (no class 7 March)	5—6pm	Rebeca
	Sufi Whirling & Zikr Practice	5—6pm	Prem
Fridays	Yoga Asana: Deep Stretch & Relaxation	7:30—8.30am	Radha
	Hatha Vinyasa Yoga	5—6pm	Andres
	Free Flow Dance & Movement	5—6:30pm	Vega
Saturdays	Gentle Hatha Yoga	7:30—8.30am	Claire
	Sivananda Yoga	5—6pm	Mani
	Ecstatic Dance	5—6:30pm	Bijou

### Workshops (pre-registration required)

Day & Date	Workshops (pre-registration required)	Timings	Presenters
Friday, March 22	Ayurveda for Self-Harmony	9:15—12pm	Claire
Friday, March 22	Food is Medicine—Lifestyle Health Practices	2—4:30pm	Parvathi
Thursday, March 28	Moon Cycle & Yoga for Women	9:15—12pm	Radha
Thursday, March 28	Contact Improvisation Dance	2—4:30pm	Bijou
Friday, March 29	Understanding Pranayama & Its Practice in Asanas & Meditation	9:15—12pm	Radhika
Friday, March 29	Holistic Approach to Ayurvedic Lifestyle	2—4:30pm	Dr Geeta
Saturday, March 30	Safe Yoga Asana Practice—Do's & Don'ts	9:15—12pm	Rebeca
Saturday, March 30	Food is Medicine—Lifestyle Health Practices	2—4:30pm	Parvathi

### Therapies (by appointment only)

Therapies (by appointment only)	Therapist
Thai Yoga Massage	Andres
Private Yoga Session / Yoga Therapy	Andres
Biodynamic Craniosacral Therapy	Mila
Integrated Craniosacral & Foot Reflexology	Radhika
Craniosacral Therapy	Radhika
Foot Reflexology	Radhika
Heart-Centered Resilience	Susan
Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage	Raja

Kathir for Verité Programming

## VERITÉ WORKSHOPS

March 2024

- Phone: +91 413 2622045, 2622606
- WA: +91 9363624083, 8489391876
- Email: [programming@verite.in](mailto:programming@verite.in)
- Website: [www.verite.in](http://www.verite.in)



### Ayurveda for Self-Harmony with Claire

- Friday, 22 March, 9:15am—12pm

Discover Ayurvedic wisdom & its recommendations for self-care & healing. In this practical workshop, you will experience some of the fundamental Ayurvedic techniques to observe various body/mind/metabolic conditions in yourself & others & learn how Ayurveda can be applied in daily life to maintain balance & harmony, according to your own nature.

### Food is Medicine—Lifestyle Health Practices with Parvathi

- Friday, 22 March, 2—4:30pm

Learn about your body's constitution (Tridosha) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas.

## Synchronize your Moon Cycle with Yoga—Radha

• Thursday, March 28, 9:15am—12pm

The menstrual cycle is a dynamic event in the physical, emotional, intellectual, & spiritual life of women. Becoming more aware of our cycle & understanding the energies associated with it allows us to use its gifts in everyday life. We will explore the female cycle in detail, demystifying each phase & its biological changes, variations in energy level & archetypes. You will learn yoga & lifestyle practices to help you synchronize with your cycle, attune to the changes in your body & energy level, & to balance them.

## Contact Improvisation Dance with Bijou

• Thursday, 28 March, 2—4:30pm

Contact Improvisation (CI) is based on principles of touch, momentum, weight, & quintessentially, following a shared point of contact. A 'moving massage', CI fine tunes your senses & wakes up your ability to listen & respond to what is happening in the moment. You will learn about touch, falling, lifting, leaning, sliding, counterbalancing, & supporting the weight of another person in a relaxed atmosphere of sharing, cooperation, & egalitarianism.

## Understanding Pranayama and its Practice in Asanas and Meditation with Radhika

• Friday, 29 March, 9:15am—12pm

Pranayama is a system of breathing techniques that helps us to harness the power of our life energy. In this workshop we will focus our attention on pranayama and discover the effect of various techniques on our breath. We will explore different pranayama practices, using some of these in a sequence of asanas and maintain observation of our breath in a guided meditation.

## Holistic Approach to Ayurvedic Lifestyle with Dr. Geeta

• Friday, 29 March, 2—4:30pm

Learn the fundamental principles of Ayurveda, India's traditional science of holistic self-care, including the concepts of Swasthya, Aswasthya, Dosha, & Prakriti. Based on her long-term experience as an Ayurvedic practitioner, Dr. Geeta will also share practical information about the use of herbs and simple lifestyle practices that support well-being.

## Food is Medicine- Lifestyle Health Practices with Parvathi

• Saturday, 30 March, 2—4:30pm

Learn about your body's constitution (Tridosha) & the plants, foods, spices & lifestyle practices that benefit your constitution & help prevent health complications. Parvathi will also demonstrate the proper way to prepare decoction/ infusion teas.

## Workshop Cancellation Safe Yoga Asana Practice: Do's & Don'ts with Rebeca, Saturday, 30 March

## Class Cancellation: Vinyasa Flow—with Rebeca

• NO CLASS on the following dates

- Tuesdays, 5 pm—March 19 & 26
- Thursdays, 5 pm—March 21 & 28

Kathir for Vérité Programming

## CINEMA: SPECIAL EVENT AT AUROFILM: OPEN HOUSE

• Saturday, 31 March, 5—7:30pm  
@ Aurofilm, Kalabhoomi, next to CRIPA

Presentation and interaction where we will share our love for the Best of Cinema, in the light of Auroville! You will discover our activities, our new team and new situation! We will also watch together a short movie (program unveiled in the next issue of the N&N... but maybe a good old Buster Keaton film of the 1920s for The General audience...?! Or something else!?! Refreshments will be served. See you there... Aurofilm

Surya for Aurofilm

Cinema

## ECO FILM CLUB

Every Friday at Sadhana Forest

## Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
  - 16:30 Tour of Sadhana Forest
  - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
  - 18:30 Eco Film Club begins with 'previews' of short Sadhana Forest films
  - 20:00 Dinner is served
  - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.

- For more information about the bus service please contact Sadhana Forest at 8525038274.

**\*\*Note:** Families and children are welcome! Dinner for children will be served at 19:)

## Friday, 29 March

## Healing Through Food: Part 1

2023 / 43 minutes / NBC 6

Can you really prevent or even reverse chronic diseases with diet and lifestyle changes? This documentary looks at the relationship between nutrition and disease, and the astonishing effects that a wholefood plant-based diet can have on our health.

Shek



## At Multi Media Centre Auditorium (MMC, Town Hall)

- Reminder: Friday, 22 March **Varda By Agnes** By Agnès Varda, France, 2019
- Friday 29, March, 8pm **Shadows Of Forgotten Ancestors** (original title, Ukrainian: *Тіні забутих предків*)

**Directed** by Sergei Parajanov, USSR, 1965

With: Ivan Mykolaichuk, Larisa Kadochnikova, Tatyana Bestayeva

**Overview:** Based on the 1911 novel *Shadows of Forgotten Ancestors* by the Ukrainian writer Mykhailo Kotsiubynsky, Parajanov's film adaptation is considered to be the most internationally heralded Ukrainian film in history and a classic of Ukrainian magical realist cinema. It was acclaimed for its rich use of costume and color and described as an 'avant-garde, extravagant, sumptuous saga' and a 'haunting work' that combined folk songs and atonal music.

**Synopsis:** In a Carpathian village, Ivan falls in love with Marichka, the daughter of his father's killer. When tragedy befalls her, his grief lasts months; finally, he rejoins the colorful life around him, marrying Palagna. She wants children but his mind stays on his lost love. To recapture his attention, Palagna tries sorcery, and in the process comes under the spell of the sorcerer... The lively rhythms of village life, the work and the holidays, the pageant and revelry of weddings and funerals, the change of seasons, and nature's beauty give proportion to Ivan's tragedy. The film will be presented by Alexander Pereverzev. Original version in Ukrainian with Engl. Subtitles, duration 1h.37' Surya





**CINEMA PARADISO**  
**Multimedia Center (MMC) Auditorium**  
**Film Program**  
**25 March to 31 March 2024**

Cinema Paradiso-Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/beverage to be taken inside the hall.

**Indian—Monday 25 March, 8pm**  
**Sembi**

India, 2022, Writer-Dir. Prabu Solomon w/ Kovai Sarala, Mullai Arasi, Gnanasambandan Gurunathan, and others, Drama, 140mins, Tamil w/ English subtitles, Rated: NR (R) Sembi lives in the hills of Kodaikanal with her apia-rist grandma. When she is brutally violated by influential goons, and on top thrashed by the police officer to force them to take back the charges, the grandma ended up killing the police officer. She and Sembi must flee. They board the bus called Anbu that goes from Kodaikanal to Dindigul. Passengers from different walks of life help bring justice to a tribal woman and her granddaughter.

**Potpourri—Tuesday 26 March, 8pm**  
**... Continuavano a chiamarlo Trinità (Trinity is still my name)**

Italy, 1971, Writer-Dir. Enzo Barboni w/ Terence Hill, Bud Spencer, Yanti Somer, and others, Comedy-Western, 117mins, Italian-English-Latin w/ English subtitles, Rated: G A couple of thieving brothers try to keep a promise to their dying father: stick together and become successful out-laws. Bambino attempts to teach his brother Trinity how to become an outlaw, but the two wind up saving a pioneer family and breaking up an arms ring instead. *You should check it out!*

**Special—Wednesday 27 March, 8pm**  
**The power of utopia: living with Le Corbusier in Chandigarh**

Switzerland, 2023, Dir. Thomas Karrer & Karin Bucher, Documentary-Architecture, 84mins, German-French-Eng-lish w/ English subtitles, Rated: NR (G)



Le Corbusier had created Chandigarh, the capital city of both Punjab and Haryana. His vision was that of a humane and just city that would allow for the harmonious interaction of man and nature. Chandigarh is a synthesis of the arts and a bold utopia of modernity. In this award-winning film, on the 70th anniversary of the city, the directors accompany residents—artists, architects, social workers, restaurant owner on their daily life through the city and seeks out settings and scenes revealing the inspiring interplay of the utopian and the everyday. It is a multi-layered portrait of Le Corbusier's conception, a city created in a time of unrest, resettlement, and the Partition of India, and now stands for progress and a newly emerged democracy. This screening is made possible by generous sharing by the film makers, facilitated by the Embassy of Switzerland in India and Bhutan under the initiative SwitzerlandIndia 75 and AVI-Switzerland. The directors will be present online for a post screening Q&A.

Don't Miss the film or the Q&A!

**Selection—Thursday 28 March, 8pm**  
**The lost daughter**

USA-UK-Israel-Greece, 2021, Writer-Dir. Maggie Gyllenhaal w/ Solivia Colman, Jessie Buckley, Dakota Johnson, and others, Drama, 121mins, English-Italian-Greek w/ English subtitles, Rated: R

Single mom Leda decides to take a much-deserved peaceful beach vacation when her daughters go off to visit their dad. Soon a brash family arrives to infringe into her quiet privacy. Things take a dark turn when the events made her confront the troubles of her past.

**International—Saturday, 30 March, 8pm**  
**La passion de dodin bouffant (The taste of things)**

France-Belgium, 2023, Writer-Dir. Anh Hung Tran w/ Juliette Binoche, Benoît Magimel, Emmanuel Salinger, and others, History-Romance, 135mins, French w/ English subtitles, Rated: PG-13

In this acclaimed film—food is the language of love, and love in turn is a silent conversation between middle-aged professionals Dodin, a gourmet and Eugénie a chef, who are experts at their craft. Their romance gets expressed in their delicious creations over 20yrs. Eugénie's reluctance to give another name to their relation make Dodin try and convince her slowly and respectfully. *A gently flowing fantastic film one must watch!*

**Children's Matinee—Sunday, 31 March, 4pm**  
**Wish**

USA, 2023, Dir. Chris Buck & Fawn Veerasunthorn w/ Ariana DeBose, Chris Pine, Alan Tudyk and others, Animation-Adventure, 95mins, English w/ English subtitles, Rated: PG

A young girl named Asha wishes on a star and gets a more direct answer than she bargained for when a trouble-making star comes down from the sky to join her.

**Kenji Mizoguchi Film Festival @ Ciné-Club:**  
**Ciné-Club Sunday 31 March, 8pm**  
**Ugetsu monogatari**

Japan, 1953, Dir. Kenji Mizoguchi, w/ Masayuki Mori, Machiko Kyô, and others, Drama—War, 96 mins, Japanese w/ English subtitles, Rated: R.

As 6th century Japan is ravaged by marauding gangs of warriors, the ambitious and hard-working potter and his aspiring samurai brother, risk a dangerous trip to the city to sell their wares. However, a noblewoman, Lady Wakasa, takes an interest in the artisan's exquisite craftsmanship and invite them to her elegant mansion.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/program at MMC kindly email us at [mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in). Our projector is crawling towards the end of its life, making us to look for a new one. You could financially support through a one-time or recurring donations to 'Cinema Paradiso' (account #105106) or set up for a monthly contribution.

Thanking You, Nina  
 MMC/CP Group Account# 105106,  
[mmcauditorium@auroville.org.in](mailto:mmcauditorium@auroville.org.in)

## Emergency Services

**Ambulance (24/7):** Auroville—9442224680

- PIMS—0413 2656271

**Security (24/7):**

- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

**Health:**

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

**Mental health 24/7 support:**

- Vandrevalla Foundation +91 9999666555

**India Emergency Response Service (24/7):** 108

## N&N Guidelines



**Hard deadline for submissions**

**TUESDAY 3pm**

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

**Disclaimer:** The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

Roy & Agnijata, News & Notes,  
Media Centre, Town Hall,  
[NewsAndNotes@auroville.org.in](mailto:NewsAndNotes@auroville.org.in)

## Editors Note



**Dear readers of paper version!**

- Please let us know if you do not get your paper copy on Friday before 4:30pm.
- Mail us @ [newsandnotes@auroville.org.in](mailto:newsandnotes@auroville.org.in).

The only excuse of late delivery is rain on Friday.

Light and Peace,  
Roy and AgniJata

## Accessible Auroville Public Bus

[avbus@auroville.org.in](mailto:avbus@auroville.org.in), +91 9443074825



**Auroville TO PONDICHERRY**

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35



**Pondicherry TO AUROVILLE**

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

**Bus passes**

- Rs.800: **For All** (10 single trips)
- Rs.850: **One-Way** Monthly (Workers/Volunteers)
- Rs.1200: **Student** Monthly pass

**AV account / Cash / UPI Transfer :**

- Rs.100: **One way trip**—for all
- Rs.200: **Round trip**—for all.

**Bus passes are available**

At Auroville Vehicle Service, Townhall, Auroville.

- 9am—12:30pm & 2—5pm

**Contact**

- 0413 2623302

**Below link to join On WhatsApp group**

**of Auroville Bus** to get the regular updates of the bus:

- <https://chat.whatsapp.com/Lt43wBCBno1E6CTwoU2x>